



Kim's Weekly Newsletter

Hettinger County Head Start

WEEK OF:

September 8, 2026
TO
September 10, 2026

IMPORTANT MESSAGES:

- ❖ School Picture Day on Wednesday, Sept. 16th
- ❖ If your child would like to bring something to rest with during rest time, please send only blankets and/or stuffed animals. Thank you!

WE ARE LEARNING ABOUT...

TUESDAY: For Small Group Time, the boys and girls colored their letter link pictures. These pictures can be found in the hallway outside of our classroom. Did you know that coloring helps develop fine motor skills, hand-eye coordination, focus and concentration, color recognition, creativity and self-expression, and spatial awareness in preschool children? Coloring also helps adults reduce stress, promotes mindfulness, and gives your brain a break from daily demands. What a wonderful activity that you can do with your child that is beneficial for both of you! The children helped sort the picture tags for our "Stop & Go" chart in the classroom during our large group activity. When "Stop" behaviors are observed during the school day, we focus on finding a "Go" behavior to replace it. For example, if a child was observed grabbing a toy from another child, we would show them the "Stop" picture tag and let them know that grabbing a toy is a "Stop". We would look at the "Go" picture tags and choose a positive behavior to replace what just happened such as "Use your words". We would talk about what they could say to that child if they wanted to play with that toy.

WEDNESDAY: The boys and girls used their hands to roll out their playdough into different lengths for Small Group Time. Next, they were given a scissor to cut the playdough into smaller pieces. Some suggested activities that help strengthen fingers for cutting: Playdough, Clothespin Activities, Tearing Paper, and Spray Bottles (same repetitive squeezing action as scissors). For Large Group Time, the boys and girls were introduced to rhythm sticks. First, they explored with the rhythm sticks and then they practiced keeping a beat with the rhythm sticks as we sang the song, "Old MacDonald." We talked about our "Classroom Songbook." As we learn new songs, a song page is added to the book. Once a week, two children will each get to choose a song from the classroom songbook for everyone to sing and move their bodies!

THURSDAY: The children used the materials on the table (Playdough, Rolling Pins, and Laminated Shapes: circles, triangles, squares, and rectangles) to create a "Shape Pizza." The boys and girls were asked to name the shapes and explain how they know the name of those shapes. They also practiced one-to-one counting in which they touch each shape on their pizza as they are counting. The boys and girls were introduced to the activity "Musical Chairs." They walked in a circle in front of the chairs until the music stopped. They picked up the letter link tag on the chair, sat down, and named the picture for the teacher. This activity helped the children name each others letter link pictures.

STANDARDS

- Maintains focus and sustains attention and minimal adult support.
- Participate in the community of the classroom.
- Demonstrates increasing control, strength, and coordination of small muscles.
- Engages in and maintains positive interactions and relationships with other children.
- Knows number names and the count sequence.
- Identifies, describes, compares, and composes shapes.
- Demonstrates control, strength, and coordination of large muscles.
- Uses perceptual information to guide motions and interactions with objects and other people.

TEACHER CONTACT INFORMATION:

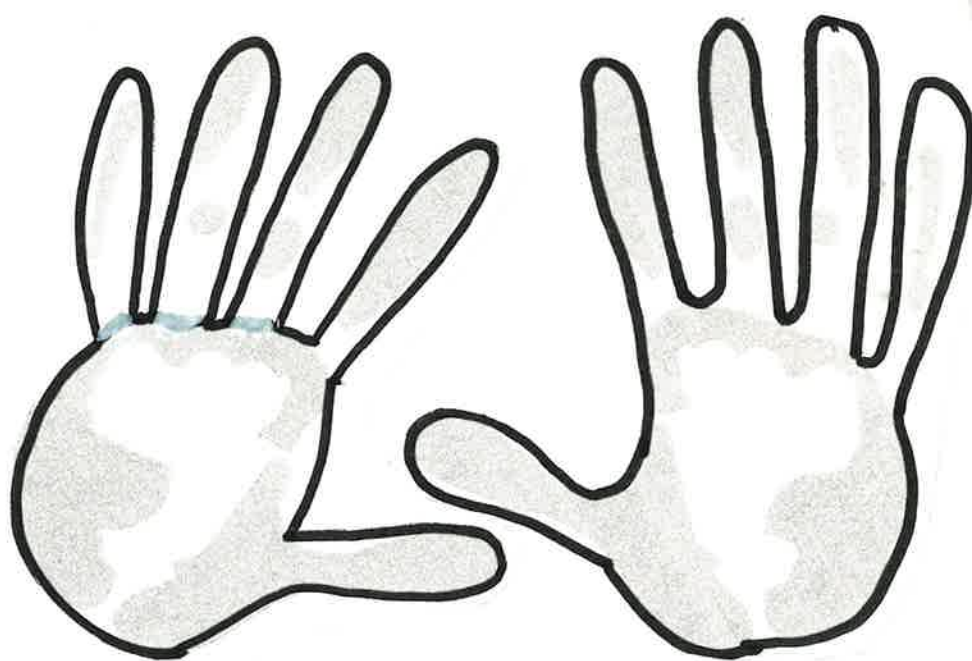
CLASSROOM TEACHER: **Kim Lutz**

TEACHER ASSISTANTS: **Steph Messmer** and **Melissa Miller**

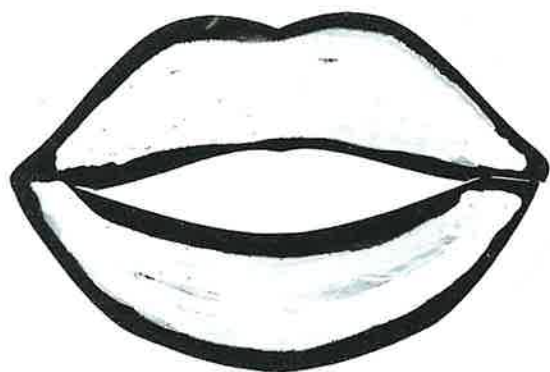
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Kind
hands



Kind mouth



Kind feet

