



Kim's Weekly Newsletter

Hettinger County Head Start

WEEK OF:

September 14, 2026
TO
September 17, 2026

IMPORTANT MESSAGES:

- ❖ Rayne, Head Start Nurse, completed vision and hearing screenings with the Head Start eligible boys and girls on Tuesday, Sept. 15th. She will be coming to our classroom on Sept. 30th to teach Handwashing. Rayne will visit our classroom again on October 14th to teach toothbrushing.

WE ARE LEARNING ABOUT...

MONDAY: For Small Group Time, the boys and girls made a "Paper Pizza Collage." First, they colored the crust (paper plate). Next, they cut out toppings for their pizza. The toppings were a variety of shapes (circle, triangle, square, rectangle). We were able to individually observe each child cut with scissors and we will be sharing these observations of your child with you when we meet in November at the school for Parent/Teacher Conferences. The children were introduced to the song, "Row, Row Row Your Boat." After singing the song a couple of times, the boys and girls found a partner to "row" with while singing the song. We continued to add more people to our "boats" as they sang and "rowed" with the other boys and girls in their group. This song has been added to our Classroom Songbook.

TUESDAY: The boys and girls finished their "Paper Pizza Collage". They were introduced to glue and were reminded "Just a dot. Not a lot" as they glued their pizza toppings on top of their "crust." When finished, they placed dots of glue on top of their pizza and sprinkled their pizza with either Italian seasoning or Oregano to make it smell like pizza. Today's song, "The Ants Go Marching" had the children showing numbers with their fingers, singing, and acting out the song. This song was also added to our Classroom Songbook.

WEDNESDAY: Today was picture day (Individual/Class Pictures). For Large Group Time, the boys and girls were introduced to "The Freeze" song. This song works on self-control because whenever they heard the word "freeze" or the music stopped, they had to "freeze" their bodies. We had fun exploring different ways of moving our bodies until we had to "freeze". This song was added to our Classroom Songbook.

THURSDAY: Today's Small Group activity had the boys and girls making predictions and noticing changes as they chose two colors of paint and mixed them together as they finger painted on their paper. We will be sharing these observations with you at Parent/Teacher conferences in November. Two children chose songs from the Classroom Songbook for everyone to sing and move their bodies.

STANDARDS

- Maintains focus and sustains attention and minimal adult support.
- Participate in the community of the classroom.
- Uses eye-hand coordination to complete tasks.
- Demonstrates control, strength, and coordination of large muscles.
- Engage in a variety of activities that require fine motor skills.
- Combine large motor movements.
- Make predictions and generate ideas based on past experiences, observations, and information.
- Develop large body muscle control and coordination by engaging in a variety of physical activities.

TEACHER CONTACT INFORMATION:

CLASSROOM TEACHER: Kim Lutz

TEACHER ASSISTANTS: Steph Messmer and Melissa Miller

Email Address: Kim.Lutz@k12.nd.us

CLASSROOM PHONE NUMBER: (701) 824-2795 and Press #4 Head Start

READING at Home with Your Child

HERE ARE A FEW TIPS AND IDEAS TO HELP CULTIVATE A LOVE OF READING AT HOME!

- Let them hold the book as you read
- Allow them to turn the pages
- Invite them to read with you
- Let them finish the sentences if reading with you
- Point to the words as you read so they associate words with reading
- Model reading in front of your child
- Go to the library
- Encourage them to read the pictures and talk about them
- Read the same 2-3 books every day for a week, then switch.
- Read to them daily
- Designate a "reading time" where the whole family sits down to read
- Allow them to choose books
- Talk about the books after reading them
- Be excited about reading with your child. It's contagious!

"CHILDREN ARE MADE READERS ON THE LAPS
OF THEIR PARENTS." — EMILIE BUCHWALD