

August Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
			Scrambled Eggs Cereal/Toast Yogurt String Cheese Juice/Fruit	Muffins Cereal/Toast Yogurt String Cheese Juice/Fruit	Breakfast Sandwich Cereal/Toast Yogurt String Cheese Juice/Fruit	
23	24	25	26	27	28	29
	Scrambled Eggs w/Sausage Cereal/Toast Yogurt String Cheese Juice/Fruit	Toast Cereal/Toast Yogurt String Cheese Juice/Fruit	Egg Bites Cereal/Toast Yogurt String Cheese Juice/Fruit	Chocolate Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit	Egg Bake Cereal/Toast Yogurt String Cheese Juice/Fruit	
30	31					
	Churros Cereal/Toast Yogurt String Cheese Juice/Fruit					

All meals are served with whole grain bread, peanut butter, and jelly; 1% skim or chocolate milk. Fruit is offered daily with breakfast. Fresh Fruit is available on Tuesday and Thursday. Breakfast is served with juice or milk.

All menus are subject to change without notice.

August Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
			Hamburgers Hamburger Buns Baked Beans Fruit	Chicken Tortilla Soup Carrots Fresh Fruit	Spaghetti Garlic Toast Green Beans Fruit	
23	24	25	26	27	28	29
	Hot Dogs Chips Green Beans Fruit	Pork Chops Mashed Potatoes Gravy Dinner Rolls California Blend Fresh Fruit	Goulash Dinner Roll Corn Fruit	Sausage Baby Potatoes Dinner Rolls Broccoli Fresh Fruit	Chicken Burgers Chips Salad Bar Fruit	
30	31					
	Chicken Nuggets Mac & Cheese Carrots Fruit					

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HEADSTART

September Snacks

Monday	Tuesday	Wednesday	Thursday
August →	Cheese its Juice 25 th	Apples 26 th	Cheex Mix Juice 27 th
Chips + Salsa 31 st	Peaches + Cottage Cheese 1 st	Sun Chips + Juice 2 nd	Yogurt + Strawberries 3 rd
No School 7 th	Oranges + Milk 8 th	Scooby Doo Grahams 9 th	Goldfish crackers + Juice 10 th
Ceral + Milk 14 th	Cheese Sticks + Oyster Crackers 15 th	Bananas 16 th	Meat + cheese tray Crackers 17 th
Carrot Sw/ Ranch Crackers 21 st	Pretzels Juice 22 nd	Pears + Crackers 23 rd	Cheex Mix Juice 24 th
Broccoli w/Ranch Crackers 26 th	Apple Sauce 29 th	Cheese its + Juice 30 th	