







# Head Start May

## Snacks

Monday	Tuesday	Wednesday	Thursday
			<b>FRIDAY</b>  Pretzels Cheese sticks
 Goldfish Crackers Milk	 Apples Peanut Butter	 Broccoli Ranch	 Cereal Milk
 Peanut Butter & Jelly Sandwich Milk	 Crackers Juice	<b>LAST DAY</b>  Nutri-Grain Bars Milk	
* Make-up storm day Friday, May 1 <sup>st</sup> * Last day of Head Start May 13 <sup>th</sup> * Conferences May 8 <sup>th</sup> , 14 <sup>th</sup> , 15 <sup>th</sup>			

# May Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
*This National Celebration honors school nutrition professionals who ensure students receive healthy, safe meals.					*School Lunch Hero Day* Pop Tarts Cereal/Toast Yogurt String Cheese Juice/Fruit	
3	4	5	6	7	8	9
	French Toast Sticks Cereal/Toast Yogurt String Cheese Juice/Fruit	Cinnamon Toast Crunch Bread Cereal/Toast Yogurt String Cheese Juice/Fruit	Egg Bites Cereal/Toast Yogurt String Cheese Juice/Fruit	Muffins Cereal/Toast Yogurt String Cheese Juice/Fruit	Chocolate Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit	
10	11	12	13	14	15	16
	Pancake Wraps Cereal/Toast Yogurt String Cheese Juice/Fruit	Churros Cereal/Toast Yogurt String Cheese Juice/Fruit	Toast w/Peanut Butter Cereal/Toast Yogurt String Cheese Juice/Fruit	Oatmeal Cereal/Toast Yogurt String Cheese Juice/Fruit	Coco Wheats Cereal/Toast Yogurt String Cheese Juice/Fruit	
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**All meals are served with whole grain bread, peanut butter, and jelly; 1% skim or chocolate milk. Fruit is offered daily with breakfast. Fresh Fruit is available on Tuesday and Thursday. Breakfast is served with juice or milk.**

**All menus are subject to change without notice.**

This institution is an equal opportunity provider.

# May Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
*This National Celebration honors school nutrition professionals who ensure students receive healthy, safe meals.					*School Lunch Hero Day* Sloppy Joe's Vegetable Fruit	
3	4	5	6	7	8	9
	Chicken Burgers Cook's Choice Vegetable Fruit	Sausage Cook's Choice Vegetable Fresh Fruit	Chicken Fajitas Cook's Choice Vegetable Fruit	Hamburgers Chips Cook's Choice Vegetable Fresh Fruit	Pulled Pork Salad Bar Cook's Choice Vegetable Fruit	
10	11	12	13	14	15	16
	Chicken Drummies Cook's Choice Vegetable Fruit	Ham Sandwich Chips Cook's Choice Vegetable Fresh Fruit	Taco-in-a-Bag Cook's Choice Vegetable Fruit	Chicken Wraps Cook's Choice Vegetable Fresh Fruit	Hot Dogs Chips Cook's Choice Vegetable Fruit	
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**All meals are served with whole grain bread, peanut butter, and jelly; 1% skim or chocolate milk. Fruit is offered daily with breakfast. Fresh Fruit is available on Tuesday and Thursday. Breakfast is served with juice or milk.**

**All menus are subject to change without notice.**

This institution is an equal opportunity provider.