



March 2026 Early Head Start Center
Breakfast, Lunch & Snack Menu



<p>2 Breakfast Cereal, Mandarin Oranges, Milk Lunch: Turkey, WG Bread, Peas, Pears, Milk Snack: Tortilla Chips, Nacho Cheese</p>	<p>3 Breakfast WG Waffle, Peaches, Milk Lunch: Fish Nuggets, Mashed Potatoes, WG Roll, Pineapple, Milk Snack: Apple Slices, Pretzels</p>	<p>4 Breakfast Cereal, Pears, Milk Lunch: Chicken Patty, WG Bread, Broccoli, Applesauce, Milk Snack: Graham Crackers, Milk</p>	<p>5 EHS CLOSED</p>	<p>6 EHS CLOSED</p>
<p>9 Breakfast Cereal, Pears, Milk Lunch: Ham, WG Bread, Cole Slaw, Pineapple, Milk Snack: Chex Mix, Applesauce</p>	<p>10 Breakfast Muffin, Fruit Cocktail, Milk Lunch: Popcorn Chicken, WG Roll, Cucumbers, Peaches, Milk Snack: WG Animal Crackers, Milk</p>	<p>11 Breakfast Cereal, Banana, Milk Lunch: Chicken Dumpling Soup, Carrots, WG Bread, Pears, Milk Snack: Sausage, Crackers</p>	<p>12 Breakfast: WG French Toast Sticks, Mandarin Oranges, Milk Lunch: Cheeseburger, WG Bun, Corn, Fruit Cocktail, Milk Snack: Yogurt, Graham Crackers</p>	<p>13 EHS CLOSED</p>
<p>16 EHS CLOSED</p>	<p>17 Breakfast: Yogurt, Pears, Milk Lunch: Turkey, WG Bread, Peas, Peaches, Milk Snack: Apple Slices, Sunbutter</p>	<p>18 Breakfast: Cereal, Fruit Cocktail, Milk Lunch: Sweet & Sour Chicken, WG Brown Rice, Broccoli, Pineapple, Milk Snack: Chex Mix, Juice</p>	<p>19 Breakfast: WG Pancake, Strawberries, Milk Lunch: Meatballs/Sauce, WG Bread Stick, Green Beans, Pears, Milk Snack: Cereal, Milk</p>	<p>20 Breakfast: Cereal, Mixed Fruit, Milk Lunch: Meat & Cheese, Assorted Crackers, Vegetable, Fruit, Milk Snack: Graham Crackers, Milk</p>
<p>23 Breakfast: Cereal, Mandarin Oranges, Milk Lunch: Ham, WG Bread, Baked Beans, Pears, Milk Snack: Pretzels, Cheese Dip</p>	<p>24 Breakfast: Muffin, Mangoes, Milk Lunch Sloppy Joe, WG Bun, Corn, Fruit Cocktail, Milk Snack: Tiger Grahams, Milk</p>	<p>25 Breakfast: Cereal, Peaches, Milk Lunch: Chicken Patty, WG Bread, Green Beans, Pineapple, Milk Snack: Goldfish, Fruit</p>	<p>26 Breakfast: WG Waffle, Applesauce, Milk Lunch: Country Style Sausage, Noodles, Carrots, Pears, Milk Snack: Yogurt, Crackers</p>	<p>27 Breakfast: Cereal, Fruit, Milk Lunch: Grilled Cheese, WG Bread, Vegetable, Fruit, Milk Snack: Cheez-Its, Applesauce</p>
<p>30 Breakfast: Cereal, Pears, Milk Lunch: Ham, WG Bread, Peas, Pineapple, Milk Snack: WG Sun Chips, Fruit</p>	<p>31 Breakfast: WG Waffle, Applesauce, Milk Lunch: Hamburger, WG Bun, Cucumbers, Peaches, Milk Snack: WG Cheez-Its, Juice</p>	<p>Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change. "Head Start/Early Head Start is an equal opportunity provider."</p>		