

**February 2026 Early Head Start Center
Breakfast, Lunch & Snack Menu**

<p>2 Breakfast Cereal, Peaches, Milk Lunch: Ham, WG Bread, Peas, Fruit Cocktail, Milk Snack: Chex Mix, Juice</p>	<p>3 Breakfast WG Muffin, Pears, Milk Lunch: Sloppy Joe, WG Bun, Corn, Pineapple, Milk Snack: Crackers, Cheese Stick</p>	<p>4 Breakfast Cereal, Applesauce, Milk Lunch: Chicken Soup, Crackers, Carrots, Peaches, Milk Snack: Oranges, Pretzels</p>	<p>5 Breakfast Waffles, Mandarin Oranges, Milk Lunch: Meat Sauce, WG Bread Stick, Green Beans, Pears, Milk Snack: Graham Crackers, Yogurt</p>	<p>6 Breakfast Cereal, Mixed Fruit, Milk Lunch: Meat & Cheese, Crackers, Vegetable, Fruit, Milk Snack: Cheez-its, Mixed Fruit</p>
<p>9 Breakfast Cereal, Blueberries, Milk Lunch: Turkey, WG Bread, Carrots, Fruit, Milk Snack: Tiger Grahams, Milk</p>	<p>10 Breakfast Sausage Patty, Applesauce, Milk Lunch: Hamburger, WG Bun, Corn, Fruit, Milk Snack: Ham & Cheese Slices, Saltines</p>	<p>11 Breakfast Cereal, Fruit, Milk Lunch: Chicken, Potatoes, WG Bread, Fruit, Milk Snack: Crackers, Juice</p>	<p>12 Breakfast: Pancakes, Strawberries, Milk Lunch: Chili Mac WG, Beans, Fruit, Milk Snack: Cereal, Milk</p>	<p align="center">EHS CLOSED</p>
<p align="center">EHS CLOSED</p>	<p>17 Breakfast: WG Muffin, Applesauce, Milk Lunch: Chicken Patty WG Bread, Carrots, Pears, Milk Snack: Chex Mix, Summer Sausage</p>	<p>18 Breakfast: Cereal, Peaches, Milk Lunch: Meatballs/Sauce, WG Pasta, Cucumbers, Fruit Cocktail, Milk Snack: Tortilla Chips, Cheese Dip</p>	<p>19 Breakfast: French Toast Sticks, Strawberries, Blueberries, Milk Lunch: Sweet & Sour Chicken, Brown Rice, Broccoli, Pineapple, Milk Snack: Crackers, Juice</p>	<p>20 Breakfast Cereal, Mixed Fruit, Milk Lunch: Soup, Crackers, Mixed Vegetables, Milk Snack: Graham Crackers, Milk</p>
<p>23 Breakfast: Cereal, Peaches, Milk Lunch: Ham, WG Bread, Peas, Pears, Milk Snack: Pretzels, Cheese Stick</p>	<p>24 Breakfast: Yogurt, Pineapple, Milk Lunch: Taco Hotdish, Tortilla Chips, Corn, Fruit Cocktail, Milk Snack: Crackers, Juice</p>	<p>25 Breakfast: Cereal, Banana, Milk Lunch: BBQ Chicken WG Bread, Green Beans, Mandarin Oranges, Milk Snack: Sun Chips, Fruit</p>	<p>26 Breakfast: Pancake, Applesauce, Milk Lunch: Cheeseburger, WG Bun, Baked Beans, Peaches, Milk Snack: Cereal, Milk</p>	<p>27 Breakfast: Cereal, Mixed Fruit, Milk Lunch: Meat & Cheese, WG Bun, Mixed Vegetables, Mixed Fruit, Milk Snack: Lemon Blueberry Crackers, Milk</p>
		<p align="center">Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change.</p> <p align="center">"Head Start/Early Head Start is an equal opportunity provider."</p>		