



A quick look at what's
happening in October.....

15th

Policy Council Meeting 12:00

16th

No Preschool

17th

Closed

24th

Child Team Staffings

Child Team Staffings

Head Start has established an agreement with Badlands Human Service Center to provide monthly meetings with parents/guardians, staff, and representatives from Badlands to provide support for parents/guardians and teaching staff.

If you are interested in scheduling a staffing please contact Brittany Brown or your child's teacher.

CHILD TEAM

FROM THE DIRECTOR.....

Jennifer Braun

I would like to share with you a little bit about Policy Council!
In the next month, we will need to elect new parents to our Policy Council board. What is Policy Council and why is it important?

Well, Policy Council:

- Provides parents with a voice in Head Start operations
 - Approves hiring of new staff
- Develops Head Start enrollment guidelines
- Approves how grant funds are spent
- Plans Head Start parent activities.

Policy Council is an excellent way to be involved in your child's care through Head Start. Ballots will be coming home with your child in October – please be on the lookout!!



COATS
for **KIDS**



October 23
3-6pm

Southwestern District Health Unit
528 21st St W, Dickinson, ND



FROM THE FAMILY PARTNERSHIP DESK.....

Shared family meals are healthy for both the body and mind. Even the grownups can benefit. Just three meals a week together can make a difference.

Here are five reasons for shared meal time:

- 1) Introducing your kids to tasty, healthy food.
- 2) Fuel young brains and bodies
- 3) Help everyone eat healthier & maintain a healthy weight
- 4) Enhance Mental health
- 5) Model healthy habits

Do you love the idea of family meal time, but aren't sure how to start? Here are some tips and tricks!

- 1) Go for practical, not perfect! Leftovers are perfectly acceptable.
- 2) Keep the menu simple.
- 3) Get the kids involved.
- 4) Focus on love & listening!

And to make it easier, each month through the year, I will be giving you a conversation starter to try out at meal time. I'd love to hear the responses you get! Text them to 701-590-5296 – or stop by my office and let me know!

- Brittany B., Family Partnership Coordinator

Table Talk

What is your favorite way to be woken up in the morning?





Positive Discipline

Creating Respectful Relationships in Homes and Schools



Advance registration is necessary.
Call: (701)-456-0007
Email: parentresource@dpsnd.org
or scan for easy registration

Starts: October, 2, 9, 16, 23, 2025
Free childcare for stress free attendance
Time: 6:00 – 7:30 pm
Call to get your spot TODAY!



