

The

May 2025

Early Head Start Bulletin



338 SE 1st Street - Phone: 701-227-3010 option 2 - Toll Free: 877-546-9420 - Fax: 701-225-1968

May EHS Events

May 9th - Closed for
Professional Development

May 2nd and 9th - Rhame
Socialization 10am-1pm
Rhame School

May 16th and 30th -
Dickinson Socialization
11am-12:30pm

May 26rd and 26th - EHS
Closed



How were you a
helper today?



parentslead.org

Child Staffing

Early Head Start has entered into an agreement with Badlands Human Service Center to hold monthly meetings with parents/guardians and program staff, to provide support to parents/guardians and teaching staff.

If you would like to schedule a meeting, please contact:

Your home visitor or your
child's teacher.



West Dakota Parent and Family Resource Center

Whether parenting young or not-so-young children, recovering from a divorce or separation, or coping with the day-to-day struggles family life can bring, these programs and resources are here to help.

- Parental self-confidence
- Effective tools for difficult behavior
- Communication skills between school and home
- Tools for child's social and academic success
- Meet other parents
- Learn more about parenting skills from each other



Call 701-456-0007 or email:
parentresource@dpsnd.org for more
information.





60 YEARS of RESULTS

HEAD START | Since 1965



3 Ways to Celebrate!

- 1** Sign the Head Start bday card and share with your network!
- 2** Share your Head Start impact story!
- 3** Remember to use **#HappyBirthdayHeadStart** in social media posts.

Head Start is celebrating 60 years of results!

This year, communities across the country are celebrating Head Start's birthday! The National Head Start Association appreciates your dedication to ensuring every child has the opportunity to succeed, and we hope that you will join us on social media to celebrate the history and continuing importance of Head Start.



For more details and ways to
celebrate: birthday.nhsa.org



Roll with
The Book
Corral this
summer!

June 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 The Book Corral is a Free Children's Sharing Library NO CHECKOUT OR RETURN DUE DATES TAKE THE BOOK(S), READ, ENJOY, AND RETURN OR SHARE WITH OTHERS.		3 Friendship Park 10:00-11:30 a.m.	4 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	5 Heroes Park 10:00-11:30 a.m.	 Ages 2-5 are invited to join Rhinestone Rhonda for an alphabet adventure at the Book Corral this summer. A different letter will be featured with a story and fun activities from 10:30-11:00 a.m. each Tuesday, Wednesday, and Thursday at the scheduled Book Corral stops.	
		10 Friendship Park 10:00-11:30 a.m.	11 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	12 Heroes Park 10:00-11:30 a.m.		
		17 Friendship Park 10:00-11:30 a.m.	18 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	19 Heroes Park 10:00-11:30 a.m.		
		24 Friendship Park 10:00-11:30 a.m.	25 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	26 Heroes Park 10:00-11:30 a.m.		
		Friendship Park Address 1388 Gum Avenue	Hagen Building Address 402 4 th St. W (north side)	Heroes Park Address 2015 Empire Road		



Roll with
The Book
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July 2025





Sun	Mon	Tue	Wed	Thu	Fri	Sat
 The Book Corral is a Free Children's Sharing Library NO CHECKOUT OR RETURN DUE DATES TAKE THE BOOK(S), READ, ENJOY, AND RETURN OR SHARE WITH OTHERS.		Friendship Park Address 1388 Gum Avenue	Hagen Building Address 402 4 th St. W (north side)	Heroes Park Address 2015 Empire Road	 For more information or to see other scheduled Book Corral Events, follow Lovin' Literacy for Life on Facebook 	
		8 Friendship Park 10:00-11:30 a.m.	9 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	10 Heroes Park 10:00-11:30 a.m.		
		15 Friendship Park 10:00-11:30 a.m.	16 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	17 Heroes Park 10:00-11:30 a.m.		
		22 Friendship Park 10:00-11:30 a.m.	23 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	24 Heroes Park 10:00-11:30 a.m.		
		29 Friendship Park 10:00-11:30 a.m.	30 Hagen Building 10:00-11:30 a.m. 4:00-5:30 p.m.	31 Heroes Park 10:00-11:30 a.m.		



May 2025 Early Head Start Center

Breakfast, Lunch & Snack Menu

			<p>1 Breakfast: Pancakes, Mandarin Oranges, Milk Lunch: Hamburger, WG Bun, Corn, Pears, Milk Snack: Crackers, Milk</p>	<p>2 Breakfast: Cheerios, Mixed Fruit, Milk Lunch: Ham/Turkey/Cheese Crackers, Carrots, Applesauce, Milk Snack: Chex Mix, Juice</p>
<p>5 Breakfast: Rice Krispies, Peaches, Milk Lunch: Ham Sandwich, WG Bread, Peas, Pears, Milk Snack: Cheese Stick, Crackers</p>	<p>6 Breakfast: Yogurt, Strawberries Milk Lunch: Chicken Taco, Cheese/Lettuce, Cucumbers, Applesauce, Milk Snack: Sunbutter & Jelly, WG Bread</p>	<p>7 Breakfast: Turkey Sausage Patty, Hashbrowns, Milk Lunch: Sloppy Joe, WG Bun, Green Beans, Fruit Cocktail, Milk Snack: Gold Fish, Mandarin Oranges</p>	<p>8 Breakfast: WG French Toast, Applesauce, Milk Lunch: Popcorn Chicken, Mashed Potatoes, Bread, Peaches, Milk Snack: Muffin, Milk</p>	<p>9 EHS Closed</p>
<p>12 Breakfast: Cheerios, Peaches, Milk Lunch: Turkey Sandwich, WG Bread, Cucumbers, Pears, Milk Snack: Apple Slices, Cheese Stick</p>	<p>13 Breakfast: Muffin, Mandarin Oranges, Milk Lunch: Chicken Patty, WG Bun, Coleslaw, Fruit Cocktail, Milk Snack: Pretzels, Sunbutter</p>	<p>14 Breakfast: Scrambled Eggs, Biscuit, Juice, Milk Lunch: Meatballs/Sauce WG Breadsticks, Green Beans, Peaches, Milk Snack: Mixed Fruit, Crackers</p>	<p>15 Breakfast: WG Waffle, Applesauce, Milk Lunch: BBQ Chicken, Brown Rice, Broccoli, Pineapple, Milk Snack: Yogurt, Graham Crackers</p>	<p>16 Breakfast: Corn Flakes, Fruit, Milk Lunch: Grilled Cheese, WG Bread, Carrots, Mixed Fruit, Milk Snack: Chex Mix, Fruit</p>
<p>19 Breakfast: Chex Cereal, Pears, Milk Lunch: Ham/Cheese Sandwich, WG Bread, Carrots, Applesauce, Milk Snack: Teddy Grahams, Milks</p>	<p>20 Breakfast: Yogurt, Pineapple, Milk Lunch: Country Style Sausage, Noodles, Cucumbers, Peaches, Milk Snack: Fresh Oranges, Crackers</p>	<p>21 Breakfast: Corn Flakes, Bananas, Milk Lunch: Popcorn Chicken, Mashed Potatoes. Bun, Pears, Milk Snack: Tortilla Chips, Cheese, Salsa</p>	<p>22 Breakfast: WG French Toast Sticks, Mandarin Oranges, Milk Lunch: Hamburger, WG Bun, Corn, Mixed Fruit, Milk Snack: Cereal/Milk</p>	<p>23 EHS Closed</p>
<p>26 EHS Closed</p>	<p>27 Breakfast: Cheerios, Pears, Milk Lunch: Ham & Cheese, WG Bread, Peas, Peaches, Milk Snack: Pretzels, Cheese Stick</p>	<p>28 Breakfast: Yogurt, Pineapple, Milk Lunch: Meatballs/Gravy, Noodles, Green Beans, Mixed Fruit Milk Snack: Cheez its, Fruit</p>	<p>29 Breakfast: Pancake, Applesauce, Milk Lunch: Popcorn Chicken, Bread, Corn, Pears, Milk Snack: Carrots, Crackers</p>	<p>30 Breakfast: Rice Krispies, Peaches, Milk Lunch: Hamburger, WG Bun, Potatoes, Mixed Fruit, Milk Snack: Graham Crackers, Milk</p>

Lunch is served with Skim Milk or Whole Milk and Water.
All bread/grain is whole grain.
All meals are subject to change
"Head Start/Early Head Start is an equal opportunity provider."

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Open	2 Open	3
4	5 Open	6 Open	7 Open	8 Open	9 Closed	10
11	12 Open	13 Open	14 Open	15 Open	16 Open	17
18	19 Open	20 Open	21 Open	22 Open	23 Closed	24
25	26 Closed	27 Open	28 Open	29 Open	30 Open	31