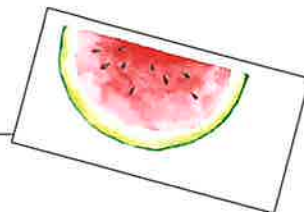




June 2025 Early Head Start Center Breakfast, Lunch & Snack Menu



2 Breakfast Corn Flakes, Pears, Milk Lunch: Turkey, WG Bread, Peas, Peaches, Milk Snack: Goldfish, Cheese stick	3 Breakfast Yogurt, Pineapple, Milk Lunch: Meatballs/Sauce, WG Breadstick, Green Beans, Mixed Fruit, Milk Snack: Pretzels, Fruit	4 Breakfast Waffle, Applesauce, Milk Lunch: Chicken Patty, WG Bun, Cucumbers, Pears, Milk Snack: Sunbutter & Graham Crackers, Milk	5 EHS CLOSED	6 EHS CLOSED
9 Breakfast Cheerios, Mandarin Oranges, Milk Lunch: Ham, WG Roll, Carrots, Peaches, Milk Snack: Chex Mix, Applesauce	10 Breakfast WG Muffin, Strawberries, Milk Lunch: Cheeseburger, WG Bun, Potatoes, Pears, Milk Snack: Yogurt, Crackers	11 Breakfast Sausage Patty, Hash browns, Milk Lunch: Sweet and Sour Chicken, Brown Rice, Broccoli, Pineapple, Milk Snack: Teddy Grahams, Milk	12 Breakfast: French Toast Sticks, Apple Juice, Milk Lunch: Taco Hotdish, Corn, Peaches, Milk Snack: Fruit, Cheese	13 Breakfast: Cereal, Mixed Fruit, Milk Lunch: Turkey, Cheese, Assorted Crackers, Peas, Pears, Milk Snack: Animal Crackers, Milk
16 Breakfast: Rice Krispies, Pears, Milk Lunch: Sloppy Joes, WG Bun, Green Beans, Mixed Fruit, Milk Snack: Pretzels, Cheese	17 Breakfast: Yogurt, Berries, Milk Lunch: Popcorn Chicken, Cucumbers, Bread, Peaches, Milk Snack: Teddy Grahams, Milk	18 Breakfast: Eggs, Toast, Mandarin Oranges, Milk Lunch: Cheeseburger, WG Bun, Corn, Pears, Milk Snack: Cheddar Goldfish, Fruit	19 Breakfast: Waffle, Peaches, Milk Lunch: Country Style Sausage, WG Noodles, Carrots, Mixed Fruit, Milk Snack: Sunbutter & Crackers, Milk	20 EHS CLOSED
23 Breakfast: Corn Flakes, Fruit Cocktail, Milk Lunch: BBQ Chicken, Corn, Bread, Pineapple, Milk Snack: Crackers, Fruit	24 Breakfast: WG Muffin, Pears, Milk Lunch: Ham & Cheese, WG Bread, Peas, Applesauce, Milk Snack: SS Cereal, Milk	25 Breakfast: Hash Browns, Peaches, Milk Lunch: Spaghetti/Meat Sauce, Green Beans, Mixed Fruit, Milk Snack: Apples Slices, Graham Crackers	26 Breakfast: French Toast Sticks, Banana, Milk Lunch: Chicken, Brown Rice, Carrots, Pears, Milk Snack: Cheese stick, Juice	27 Breakfast: Cereal, Fruit Cocktail, Milk Lunch: Taco Meat, Tortilla Chips, Cucumbers, Peaches, Milk Snack: Strawberries, Yogurt
30 Breakfast: Cheerios, Mandarin Oranges, Milk Lunch: Turkey, WG Bread, Peas, Pears, Milk Snack: Muffin, Milk		<p>Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change.</p> <p>"Head Start/Early Head Start is an equal opportunity provider."</p>		