



April 2025 Early Head Start Center Breakfast, Lunch & Snack Menu



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| | <p>1 Breakfast Fresh Apples, Cheese, WG Mult Crisps, Milk Lunch: Hamburger, WG Bun, Corn, Fruit Cocktail, Milk Snack: Yogurt, Graham Crackers</p> | <p>2 Breakfast Rice Krispies, Banana, Milk Lunch: Popcorn Chicken, Carrots, , Slice o WG Bread, Pineapple, Milk Snack: Summer Sausage, Crackers</p> | <p>3 Breakfast WG French Toast Sticks, Peaches, Milk Lunch: Meatballs/Gravu. Mppd:es. Green Beams. Applesauce, Milk Snack: Muffin, Milk</p> | <p>4 Breakfast WG French Toast Sticks, Peaches, Milk Lunch: Tuna, ,WG Bread, Peas, Pears, Milk Snack: Graham Craclers. Milk</p> |
| <p>7 Breakfast: Corn Flakes, Mandarin Oranges, Milk Lunch: Turkey, WG Bun, Cucumbers, Pears, Milk Snack: Crackers, Juice</p> | <p>8 Breakfast: Yogurt, Pineapples, Milk Lunch: Chicken Patty, Peas, WG Slice of Bread, Peaches, Milk Snack: Fresh Apples, Cheesestick</p> | <p>9 EHS CLOSED</p> | <p>10 EHS CLOSED</p> | <p>11 EHS CLOSED</p> |
| <p>14 Breakfast: Cheerios, Peaches Milk Lunch: Ham & Cheese,, WG Bread, Carrots, Fruit Cocktail, Milk Snack: Orange Slices, Crackers</p> | <p>15 Breakfast: Waffles, Applesauce, Milk Lunch: Sloppy Joe, WG Bun, Corn, Pears, Milk Snack: Pretzels, Cheese,</p> | <p>16 Breakfast: Cereal, Mandarin Oranges, Milk Lunch: Sweet & Sour Chicken, WG Brown Rice, Broccoli, Pineappple, Milk Snack: Goldfish, Milk</p> | <p>17 Breakfast: Turkey Sausage, Biscuit, Apple Juice, Milk Lunch: Fish Nuggets, Peas, Slice of Bread, Peaches, Milk Snack: Yogurt, Crackers</p> | <p>18 EHS CLOSED</p> |
| <p>21 EHS CLOSED</p> | <p>22 Breakfast: Rice Krispies, Pears, Milk Lunch: Hamburger, WG Bun, Corn, Fruit Cocktail, Milk Snack: Chex Mix, Fruit</p> | <p>23 Breakfast: Yogurt, Pineapple, Milk Lunch: Popcorn Chicken, Mashed Potatoes, WG Bun, Peaches, Milk Snack: Crackers, Sunbutter, Milk</p> | <p>24 Breakfast: Waffles, Mandarin Oranges, Milk Lunch: Taco Meat, Tortilla Chips, Cucumbers, Applesauce, Milk Snack: Cereal, Milk</p> | <p>25 Breakfast: Cheerios, Mixed Fruit, Milk Lunch: Ham & vCheese, WG Bread, Peas, Mixed Fruit, Milk Snack: Teddy Grahams, Milk</p> |
| <p>28 Breakfast: Corn Flakes, Peaches, Milk Lunch: Turkey, WG Bread, Peas, Pineapple, Milk Snack: Fresh Oranges, Crackers</p> | <p>29 Breakfast: WG Muffin, Pears, Milk Lunch: Chicken Patty, WG Bun, Carrots, Fruit Cocktail, Milk Snack: Pretzels, Cheese</p> | <p>30 Breakfast: Multigrain Crisps, Applesauce, Cheese, Milk Lunch: Meatballs/Sauce, WG Pasta, Green Beans, Peaches, Milk Snack: Yogurt, Craclers</p> | <p>Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change. "Head Start/Early Head Start is an equal opportunity provider."</p> | |

