



# Hettinger County Head Start Classroom Newsletter January 29, 2025

## IMPORTANT MESSAGES

- ❖ It was Myah's Family of the Week. Thanks for reading a book to our class, sharing pictures, and your favorite recipe.
- ❖ Home Visits will be on February 12, February 13, and February 14. If there is a certain date or time that you would prefer, please let me know ASAP. Thanks!
- ❖ We will be making up the canceled day of Head Start on Friday, April 25th

## STANDARDS

- Maintains focus and sustains attention and minimal adult support.
- Participate in the community of the classroom.
- Identifies letters of the alphabet and produces correct sounds associated with letters.
- Understands, follows, and uses appropriate social and conversational rules.
- Demonstrates increasing control, strength, and coordination of small muscles.
- Understands and responds to increasingly complex communication and language from others.
- Understands simple patterns.
- Coordinates movements in response to beat or rhythm.
- Understands relationships and roles within families, homes, and classroom, and demonstrate awareness of differences among families.
- Uses perceptual information to guide motions and interactions with objects and other people.

## CLASSROOM NEWS

**MONDAY:** For Small Group, each child was given a cup of plastic uppercase and lowercase letters and a string. While the children were stringing the letters or when they were finished, the boys and girls were identifying the letters on the string. Myah answered questions from her Family of the Week form and shared family pictures that were on display in our classroom all week so we could get to know her and her family better.

**TUESDAY:** Today the children were introduced to unifix cubes. They explored ways of using the unifix cubes (stacking, sorting, counting, making patterns, etc). This week's Read Aloud book was "Building a House." The boys and girls were introduced to four vocabulary words: electrician, plumber, machine, cement. They were shown and picture of each one and we talked about the definition for each one. The children were encouraged to listen for those four words as we read the story.

**WEDNESDAY:** During small group time, each child was given a basket of unifix cubes and asked to create a pattern. Some children were given two colors of unifix cubes to create a simple pattern and also challenged to create a complex pattern with two colors. Other children were given three colors of unifix cubes to create a complex pattern. Some children were even challenged to translating their pattern into movement and/or sound. The boys and girls practiced keeping a beat using a shaker egg and moving to song, "I Can Shake My Shaker Egg."

**THURSDAY:** The children were given a big piece of white paper and flip crayons. They laid on the floor and drew a picture of their family using the flip crayons on their big piece of white paper. While they were drawing or when they finished, they were encouraged to talk about their families. We listened for the boys and girls to make some comparisons (number of people in their family, number of siblings, etc) of their families. Two children chose songs for everyone to sing and move their bodies.



## HAVE A TERRIFIC WEEKEND!

Kim, Steph, Melissa

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# Head Start School Readiness Goals



## WHY ARE SCHOOL READINESS GOALS IMPORTANT?

The Head Start Program Performance Standards require all programs to develop school readiness goals. These goals describe the program's expectations for children's status and progress across the five central domains of the Head Start Early Learning Outcomes Framework that will improve children's readiness for kindergarten.

## WHAT IS SCHOOL READINESS?

School readiness is foundational across early childhood systems and programs. It means children are ready for school, families are ready to support their children's learning, and schools are ready for children. Head Start views school readiness as children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life. Physical, cognitive, social, and emotional development are all essential ingredients of school readiness.



## Head Start Preschool School Readiness Goals Survey

Help us select the goals that will best support your child.

Scan the QR code to access the survey!



Scan this code to take the School Readiness Goals Survey!

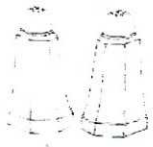
# Do you have a favorite recipe to share?



## Recipe of the week!

Mac & Cheese

(Serves about 16 cups)



1.5 lbs elbow noodles



1 Qt Half & Half

32 oz Velveeta (cube into 5 chunks)

3 sticks unsalted butter



3/4 tsp. white pepper



1 tsp. salt

- Make noodles as directed on box, then strain.
- In a large sauce pan, over medium heat, melt butter.
- Add in Half & Half, velveeta cubes, salt & pepper
- Stir mixture frequently to keep sauce from burning to the bottom
- Once sauce is fully combined and smooth, pour over noodles
- Serve hot or great in a crockpot

\* Add milk if sauce becomes too thick or for reheating leftovers

From: Myah Friedt



FLOUR