

Early Head Start Bulletin



338 SE 1st Street - Phone: 701-227-3010 option 2 - Toll Free: 877-546-9420 - Fax: 701-225-1968

January EHS Events

Jan. 1st - Closed New Year's Day.

Jan. 10th - Closed Professional Development

**Jan. 17th & 31st - Dickinson Socialization 10-11:30am
Rhame Socialization 10am-1pm Rhame School**

Jan. 24th - EHS Closed for All Staff Meeting

From the desk of the Director...

It is a time to elect new parents and community members on to our Policy Council board. Policy Council elections will begin in January! Policy Council is an excellent way to be involved in your child's care through Head Start. Ballots will be coming home with your child - please vote for your next Policy Council representative and turn back in to your child's teacher, to Jules at the Dickinson front office, or to your child's home visitor as soon as you can. We would love to have you join us in making our program one of the best!!

Jennifer Braun, HS Director

Child Staffing

Early Head Start has entered into an agreement with Badlands Human Service Center to hold monthly meetings with parents/guardians and program staff, to provide support to parents/guardians and teaching staff.

If you would like to schedule a meeting, please contact:

Your home visitor or your child's teacher.



Get in touch with Dickinson Public Library for upcoming events they have for all ages:

GET IN TOUCH

139 3rd Street West Dickinson, ND 58601-5147 Ph: 701-456-7700 Fax: 701-456-7702
dickinson.library@dickinsongov.com



West Dakota Parent and Family Resource Center

Whether parenting young or not-so-young children, recovering from a divorce or separation, or coping with the day-to-day struggles family life can bring, these programs and resources are here to help.

- Parental self-confidence
- Effective tools for difficult behavior
- Communication skills between school and home
- Tools for child's social and academic success
- Meet other parents
- Learn more about parenting skills from each other



Call 701-456-0007 or email:

parentresource@dpsnd.org for more information.



Child Tax Credit (CTC)

File a tax return to claim the child tax credit for each qualifying child who has a valid social security number issued before the due date of the return. Generally, the qualifying child must be:

- Your son, daughter, stepchild, eligible foster child, brother, sister, stepbrother, stepsister, half-brother, half-sister, or a descendant of any of them (for example, your grandchild, niece, or nephew) who can be claimed as a dependent on your return. For more information, see **Publication 501, Dependents, Standard Deduction, and Filing Information.**
- Under age 17 at the end of the year.
- A U.S. citizen, U.S. national, or U.S. resident alien. For more information, see **Publication 519, U.S. Tax Guide for Aliens.**

Use the IRS Interactive Tax Assistant tool "**Does My Child/Dependent Qualify for the Child Tax Credit or the Credit for Other Dependents?**" to determine if a person qualifies you for the Child Tax Credit or the Credit for Other Dependents (ODC).

Visit "**What You Need to Know about CTC, ACTC, and ODC**" for more information or scan the QR Code:





WHEN: January 18, 2025

TIME: 9:00AM - 4:00pm

WHAT: Family fun event (shopping, carnival games, and food) Wristband purchase (carnival games only) \$5, Under 3 free. \$2 individual if purchased ahead of time at the Dickinson Convention and Visitors Bureau. There are group rates.

For schedule of events go to <https://www.winterfestnd.com>

walk WITH a DOC
Dickinson

Saturday, March 11, 2023
9:00 - 10:00 AM
W. River Rec Center - 2004 Fairway St.
(meet in the lobby)

This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends. The event is FREE and all are welcome!

Future walks will be held on the 2nd and 4th Saturdays of every month.

Questions?
janelle@firstlightlifestylemc.com
(701)483-6974

First Light LIFESTYLE
MEDICAL CLINIC

We are a local chapter of an international society. Learn more at walkwithadoc.org

Upcoming Dates:

Dec. 28, 2024

Jan. 11, 2025

Jan. 25, 2025

This Event began on March 11, 2023 and has continued on. It is a great chance to go walking with your children and pick up some health information for free.

Table Talk

What is your favorite thing to do in the snow?



parentslead.org

VITA: Voluntary Income Tax Assistance for 2024 Taxes

This is a **free tax preparation service** for low income individuals, individuals with a disability and elderly. Returns are electronically filed. This is a basic service and cannot deal with complicated returns such as self-employment, business and complicated deductions. **Pick up a packet at Community Action starting February 12, 2025. Services will be provided until April 14.** Call 701-227-0131 for more information.

Community Action Partnership is pleased to provide Self Reliance Case Management. Self Reliance Case Management consists of a variety of services all designed to improve the standard of living and help promote the self-sufficiency of low-income individuals. These services include:

- ❖ Money management
- ❖ Budget Planning
- ❖ Community resource information
- ❖ Furthering Education
- ❖ Goal planning
- ❖ Career exploration
- ❖ Resume writing
- ❖ Training and practice for job interviews
- ❖ Support and Encouragement

You work with a case manager to identify strategies to make your life better and then identify the steps to take to achieve that major goal. Your case manager encourages, provides information, gives guidance; but ultimately it is up to you to do the work and actually make the changes.

