

# December Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Banana Bread Cereal/Toast Yogurt String Cheese Juice/Fruit	Pop Tarts Cereal/Toast Yogurt String Cheese Juice/Fruit	Breakfast Bars Cereal/Toast Yogurt String Cheese Juice/Fruit	Muffins Cereal/Toast Yogurt String Cheese Juice/Fruit	Chocolate Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit	
8	9	10	11	12	13	14
	Churros Cereal/Toast Yogurt String Cheese Juice/Fruit	Blueberry Bread Cereal/Toast Yogurt String Cheese Juice/Fruit	Danish Cereal/Toast Yogurt String Cheese Juice/Fruit	Waffles Cereal/Toast Yogurt String Cheese Juice/Fruit	Eggstravaganza Cereal/Toast Yogurt String Cheese Juice/Fruit	
15	16	17	18	19	20	21
	Lemon Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit	Pancakes Cereal/Toast Yogurt String Cheese Juice/Fruit	Breakfast Pizza Cereal/Toast Yogurt String Cheese Juice/Fruit	Pumpkin Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit	Omelets Cereal/Toast Yogurt String Cheese Juice/Fruit	
22	23	24	25	26	27	28
29	30	31				

All meals are served with whole grain bread, peanut butter, and jelly; 1% skim or chocolate milk. Fruit is offered daily with breakfast. Fresh Fruit is available on Tuesday and Thursday. Breakfast is served with juice or milk.

All menus are subject to change without notice.

This institution is an equal opportunity provider.

# December Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Chicken Burger Sun Chips Carrots Fruit	Crispitos Breadsticks California Blend Fresh Fruit	Sausage Roasted Potatoes Dinner Rolls Broccoli Fruit	Sloppy Joes Corn Fresh Fruit	Pepperoni Pizza Salad Bar Fruit	
8	9	10	11	12	13	14
	Chicken Strips Sun Chips Peas Fruit	Pizza Burger Green Beans Fresh Fruit	Orange Chicken Fried Rice Carrots Fruit	Hamburgers California Blend Fresh Fruit	French Bread Pizza Salad Bar Fruit	
15	16	17	18	19	20	21
	Chicken Drumsticks Sun Chips Corn Fruit	Pulled Pork on Bun Roasted Potatoes Peas Fresh Fruit	Chicken Fajitas Rice Fajita Vegetables Fruit	Meatballs Mashed Potatoes Gravy Dinner Rolls Green Beans Fresh Fruit	Corndogs Tater Tots Broccoli Fruit	
22	23	24	25	26	27	28
29	30	31				

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# Head Start December

# Snacks

Monday	Tuesday	Wednesday	Thursday
<p>2</p> <p>Cereal Milk</p>	<p>3</p> <p>Pretzels Cheese Sticks</p>	<p>4</p> <p>Apples Peanut Butter</p>	<p>5</p> <p>Carrots w/ Ranch Oyster Crackers</p>
<p>9</p> <p>Apple sauce Crispy Bites</p>	<p>10</p> <p>Chips &amp; Salsa Peppers w/Ranch</p>	<p>11</p> <p>Yogurt &amp; Strawberries</p>	<p>12</p> <p>Bananas Peanut Butter</p>
<p>16</p> <p>Broccoli w/ Ranch Goldfish Crackers</p>	<p>17</p> <p>Blueberry Muffins Milk</p>	<p>18</p> <p>Cheese Sticks Oranges</p>	<p>19</p> <p>Peanut Butter &amp; Jelly Milk</p>
<p>No School Dec. 23<sup>rd</sup> - Jan. 1<sup>st</sup> Christmas Break Merry Christmas and Happy New Year!</p>			