

The

September 2024

Early Head Start Bulletin



338 SE 1st Street - Phone: 701-227-3010 - Toll Free: 877-546-9420 - Fax: 701-225-1968

September EHS Events

Sept. 12 & 13 - Closed
for Home Visits.

Sept. 17 - EHS Picnic -
5-6:30 @ Eagles Park

Sept. 20 - Closed for
Professional Development

Sept. 27 - Dickinson
Socialization 10:00-
11:30am

Child Staffing

Early Head Start has entered into an agreement with Badlands Human Service Center to hold monthly meetings with parents/guardians and program staff, to provide support to parents/guardians and teaching staff.

If you would like to schedule a meeting, please contact:

Your home visitor or your child's teacher.

From the desk of Jennifer Braun

**Welcome
to the
2024-2025 Program Year**

Our new Early Head Start program year started August 1, 2024. Our Home Visitors have already begun the new program year registration process with Home Base families. For our Center Base families, your classroom Family Partnership Case Manager will be contacting you to schedule a new program year registration. Please come to that appointment with names of individuals you would approve to pick your child up from the center.

REMINDER

Please turn in your work schedule to the front desk before September 12th.

Por favor, entregue su horario de trabajo en la recepción antes del 12 de septiembre.

REMINDER

UPCOMING EVENTS

Harvest Festival

Date: Sept.21, 2024

Time: 11:00am - 3:00pm

Where: DSU King Pavilion, Dickinson State University 701-225-5115

FREE

The Dickinson Area Chamber of Commerce is proud to bring Annual Harvest Festival to the campus of Dickinson State University on Saturday, September 21 from 11am - 3pm.

Food trucks, marketplace vendors, inflatables, horse and carriage rides, barrel train rides, free entertainment, a pumpkin patch, plus other activities will be available that day. Admission is FREE and all ages are invited to attend.



DICKINSON PARKS AND RECREATION

Dickinson Park District owns 1,763 acres of parkland and green space which is comprised of 31 developed parks and pedestrian trails. Great places to play!

SCHOLARSHIP APPLICATION DICKINSON PARKS & RECREATION

Dickinson Parks and Recreation does not want to deny any participant access to activities due to inability to pay. They have established a financial aid program to assist individuals to enable participation by all residents of the community.

Completed applications and verification letters should be returned to Dickinson Parks and Recreation, 2004 Fairway Street, Dickinson, ND.

Requirements/Restrictions:

1. Stark County social Services Verification Letter OR
2. School Reduced Free Lunch Program Verification Letter OR
3. If you are receiving SSI, SSD, TANF, Snap, WIC, please submit verification.
4. Only Dickinson Parks and Recreation programs/memberships qualify (some exclusions apply).
5. Final approval by review committee.
6. If approved, assistance will be available for one year.

Qualifying families will pay 50% of the fee.

Applications can be picked up at the Early Head Start front office or Dickinson Parks and Recreation at above address.



Medora Hot Air Balloon Rally & Badlands Kite Fest

When: Sept 07 - Sept 08, 2024

6:30 AM

Where: [Medora, ND 58645](#)

Join us in Medora to watch colorful hot air balloons and kites soar over the buttes of the Badlands.

HOT AIR BALLOONS

6:30 a.m. | Saturday & Sunday

Hot Air Balloons launch from the Medora Campground on Saturday and Sunday. Bring your camera to capture the magic from on the ground at the campground or from a birds-eye view on top of Cemetery Butte.

BADLANDS KITE FEST

The Kite Flyers will be located at the top of the Burning Hills Amphitheatre — just look for the beautiful kites!

Friday | 2:00-4:00 p.m. weather permitting
Saturday and Sunday | 10:00 a.m. - 4:00 p.m. weather permitting



Get in touch with Dickinson Public Library for upcoming events they have for all ages:

GET IN TOUCH

139 3rd Street West Dickinson, ND 58601-5147 Ph: 701-456-7700 Fax: 701-456-7702
dickinson.library@dickinsongov.com

West Dakota Parent and Family Resource Center

Whether parenting young or not-so-young children, recovering from a divorce or separation, or coping with the day-to-day struggles family life can bring, these programs and resources are here to help.

- Parental self-confidence
- Effective tools for difficult behavior
- Communication skills between school and home
- Tools for child's social and academic success
- Meet other parents
- Learn more about parenting skills from each other



Call 701-456-0007 or email: parentresource@dpsnd.org for more information.

CHOMP!

Most toddlers and young children bite. Developmentally, they do not have enough words to express how they are feeling. Sounds and actions are what they rely on to communicate and express their needs, desires, and feelings. While biting may be frustrating, a child is not biting purposefully to annoy or hurt anyone. They may be trying to say "I'm scared," "People are in my space," or "I'm frustrated." Parents and caregivers may worry that biting could injure another child, and if the child biting will make other children avoid them.

Why does my child bite? Asking this question is the first step in reducing or stopping the behavior.

- If your child seems to bite when frustrated:
 - Say, "You are so frustrated. You want that toy." Teach simple words such as "mine" or "no."
- If your child seems to bite because he/she is overwhelmed by playing near or with others:
 - Join your child in play, and coach them in play.
 - Example: If a child tries to take your child's toy, say "Your friend thinks your doll looks fun. She wants to play too. Can we show your friend where the other dolls are?"
- If you think your child is biting to see what happens when they bite:
 - Clearly and calmly let your child know that biting hurts. Keep your reaction neutral, non-emotional, short, and as uninteresting as possible to avoid teaching that the biting has a big effect on adults. A big adult reaction can be rewarding and reinforcing.
 - Encourage your child to experiment with cause and effect in other ways, such as waving "bye-bye" and having the other person wave back, or letting your child tickle you and giving them a big laughing reaction.
- If you think your child might be biting for oral stimulation:
 - Offer crunchy healthy foods such as crackers, rice cakes, or pretzels.
 - Provide appropriate and interesting items for your child to chew on.
- If your child tends to bite when they are tired:
 - Provide increased opportunities for them to rest.
 - Minimize stressful or stimulating activities when they are tired
- If your child bites when they are bored:
 - Provide new, interesting activities and toys to explore and play with.
 - Change the environment as needed by rotating toys, going outdoors, or into different play spaces.
- If your child bites when they are anxious:
 - Talk about any changes that they are experiencing.
 - Help your child put words to their feelings
 - Talk about transitions, schedules, plans, etc.

What to do in the moment:

1. Quickly, but calmly, remove your child from the person they have bitten. Calmly, clearly, and firmly say "Stop. No biting. Biting hurts." You might say, "Your friend is crying and sad because the bite hurts them."
2. Focus most of your attention on the child who was bitten.
3. Acknowledge your child's feelings, and help your child with an alternative.
4. When your child is calm, teach them other ways to express their needs and desires.

