

Caterpillar Room Daily Schedule

7:45-8:15 Check in/Greeting and Washing Hands

8:15-9:00 Wash Hands/Breakfast (Potty, brushing teeth when each individual child is done eating)

9:00-9:30 Gross motor room/Outside time

9:30-9:45 Table Top Activity

9:45-9:50 Circle time/Music time

9:50-10:15 Free Time

10:15-10:30 Potty Time

10:30-11:00 Choice Time/Free Time

11:00-11:30 Lunch Time

11:30-12:15 Outside Time/ Gross motor room

12:15- 3:00 Nap Time

3:00-3:30 Potty/Snack (Choice activity for children who finish snack early/don't sleep as long)

3:30-4:15 Go Home/ Outside time/Gross motor room



