

# HETTINGER COUNTY HEAD START

## April 2, 2024-April 4, 2024

### IMPORTANT REMINDERS

- ❖ If you have not already done so, please remember to sign the front and back of your child's March Backpack Reading and At Home Activities Form. Please return to school with your child. Thanks!
- ❖ Your child brought home (5) invitations today for you to share with other families that may be interested in Head Start for their child next fall. Our Open House will be in the Head Start classroom during the school day on Thursday, April 18<sup>th</sup> from 9:30-10:30. Thank you for promoting our Head Start program with other families!! If you have younger children as well and are interested in Head Start for them, please plan on attending as well to start the application process.

### STANDARDS

- Maintains focus and sustains attention with minimal adult support
- Participate in the community of the classroom.
- Asks and answers questions about a book that was read aloud.
- Creates art work that depicts objects and events and/or expresses feelings, thoughts, and ideas through a variety of two-dimensional and three-dimensional processes and share about them.
- Uses perceptual information to guide motions and interactions with objects and other people.
- Knows number names and the count sequence.
- Understands the relationship between numbers and quantities.
- Compares numbers
- Understands addition as adding to and understands subtraction as taking away from.

**TUESDAY:** Last week our Education Coordinator, Holly, visited the classroom to read the book "Tiny Rabbit's Big Wish." We talked about what the word "wish" means as well as what they remembered about the story. The boys and girls watched the book video and then they were asked to draw a picture of something that they wished for in their journal. The teacher at each table wrote what the child dictated about their wish. The teacher talked to each child about the sentence she wrote and how many words were in that sentence. The teacher and children counted the number of words together. The children enjoyed the read aloud, "The Little Engine that Could." They were introduced to 8 new vocabulary words and definitions.

**WEDNESDAY:** The boys and girls learned about the game of chess today from Steve and Kayleen Meckle through an activity called, "Storybook Chess." They learned the names of the game pieces: Pawn, Rook, Knight, Bishop, Queen, and King as well as how those pieces can be moved on the chess board. We moved our bodies like some of the chess pieces by moving forward, side to side, and diagonally. For Large Group Time, we played a few rounds of musical chairs. The children were asked to read the name on the card as the music stopped playing and they sat down on a chair.

**THURSDAY:** The boys and girls did some counting, comparing, and composing/decomposing with the erasers in their cup. Two children chose songs for us to sing and move our bodies.

### Contact Information

Classroom Teacher: Kim Lutz

Email: [Kim.Lutz@k12.nd.us](mailto:Kim.Lutz@k12.nd.us)

Classroom Phone Number: (701) 824-2795 and Press #4 for Head Start

# Parenting Styles: Identifying your style

As a parent, do you relate more to A, B, or C?

**A:** I know what's best for my child because I am the parent. My child should obey me and be punished if they do not. When my child misbehaves, I yell and threaten.

*The Enforcer (sometimes referred to as authoritarian)*

**B:** I give my child choices and their own sense of individuality. I have high standards and enforce the rules consistently. I serve as a role model for my child by modeling the respect that I expect them to give me.

*The Negotiator (sometimes referred to as authoritative)*

**C:** I do as much as I can for my child because he/she is only a child for a short time. If I discipline my child, I'm afraid he/she won't love me. I typically let my child do what he/she wants because I dislike conflict.

*The Yielder (sometimes referred to as permissive)*

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## Using Your Strengths

Many parents use a mixture of styles at various times, especially when parenting multiple children with different needs. Striving to be a Negotiator parent (type B) is best to help children develop inner discipline and positive parent-child relationships.

Enforcer parents (Type A) often use strict punishment and allow very little freedom. Yielder parents (Type C) often view their children as friends and have few limits or demands for their children. If you relate to either of these parenting styles, don't feel bad! You have great strengths as a parent, but remember that balance is important for children.

Yielder parents' strength is love and acceptance but it's important to think how giving in might affect the child long term. Will your child feel entitled? Or learn patience?

Enforcer parents have the strength of clarity and high expectations. However, showing sensitivity to your child will be key in helping your child understand that "tough love" is rooted in "love" and not just "tough."

Negotiator parents combine love, limits, and respect with consistent, fair expectations. Research shows that the Negotiator produces the best outcomes for children's health and well-being, including: responsibility, compassion, problem-solving skills, self-control, and acceptance of self and others.

Written by: Brook Berg. Reviewed by: Tierany Rugg, Tracy Henegar  
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Visit [fyi.extension.wisc.edu/parentingthepreschooler](http://fyi.extension.wisc.edu/parentingthepreschooler) for references.  
For more information, contact your county office.