

The Early Head Start Bulletin

338 SE 1st Street - Phone: 701-227-3010 - Toll Free: 877-546-9420 - Fax: 701-225-1968

EHS April Happenings

April 1 - Closed

April 5 & 19 Dickinson
Socialization 10-11am

April 12 - Closed for All
Staff Meeting

April 23 - Dental Day

April 26 & 29 - Closed for
Professional Development



Get your new 2024 **Growing Strong** calendar—a fantastic free resource for early childhood teachers, parents, and anyone who cares for or works with young children. Go to this link to register for the FREE calendar: [Go online to FREE 2024 Growing Strong Calendar! - Brookes Publishing Co.](#)

This printable calendar is filled with colorful photos, memorable quotes from our expert authors, and practical tips and activities that promote healthy development.

Print this calendar for your home or office, and use it all year to help you bond with your young children and support the skills they'll need to succeed in school and in life.

Child Team Staffings

Early Head Start has established an agreement with Badlands Human Service Center to provide monthly meetings with parents/guardians, staff, to provide support for parents/guardians and teaching staff.

If you are interested in scheduling a staffing please contact

Brittany Brown or your child's teacher.

CHILD TEAM

STAFFING DATE

April 12th

April is Humor Month - so Laugh it UP!!! April 1st is April Fools Day!





Supplemental
Nutrition
Assistance
Program

You can use benefits to purchase dairy products, meat, vegetables, fruit, fish, bread, cereal and more!

Apply today

by calling: 855-405-0000 or
email:

SNAP@greatplainsfoodbank.org



FREE ENTRANCE TO THEODORE ROOSEVELT NATIONAL PARK

Date: Wednesday, June 19, 2024

Location(s):

Theodore Roosevelt National Park

In honor of Juneteenth, the Theodore Roosevelt National Park will be open free of charge for the day.

Enjoy the natural resources, the trails and wildlife of the rugged badlands.



Where: West River Community Center

When: April 7 from 12:30-2:30pm

Cost: FREE to children 2-12 years. Children will be divided into four groups, (Ages 2-3, 4-6, 7-9, 10-12)

See Dickinson Parks and Recreation for more information at:

<https://dickinsonparks.org/event/easter-egg-pool-hunt/>



WEST RIVER COMMUNITY CENTER

How do I purchase a Membership?
Memberships may be purchased at the WRCC Control Desk or at the Parks & Recreation Office. A photo and key tag will be issued at time of purchase. **Inquire about reduced rates based on your family size and income.** Have Questions?
(701) 456-2070

West Dakota Parent & Family Resource Center
& Lovin' Literacy Invite You To...

1ST
Annual

Parent Fair

Celebrating Parents!
Building strong families, schools
and a Safe community.

at Legacy Square



Building A Hopeful
Future Together

Saturday, April 27, 2024
10am-2pm

In case of inclement weather,
this will be held at the DHS Gym



Prevent
Child Abuse ND

Free TO ALL families



- Yummy Hot Dog meal & all the fixins' and a taste of 3J's
delicious Kettle Corn



- Book Corral
- Dickinson Public Library
- Vendors and Community Resources
- Fun, Games and LOTS more



Join us to celebrate the importance of your family!



These fun family activities are supported through grants administered by
P&F with co-sponsoring and with funding from North Dakota Health and Human

April 2024 Early Head Start Center

Breakfast, Lunch & Snack Menu



<p style="text-align: center; color: red; font-weight: bold;">EHS CLOSED</p>	<p>2 Breakfast: Rice Krispies, Peaches, Milk Lunch: Sunbutter & Jelly, Bread, Carrots, Fruit Cocktail, Milk Snack: Crackers and Cheese</p>	<p>3 Breakfast: Yogurt, Pineapple, Milk Lunch: Chicken Patty, Noodles, Green Beans, Pears, Milk Snack: Chex Mix, Peaches</p>	<p>4 Breakfast: Pancake, Mandarin Oranges, Milk Lunch: Sloppy Joe, WG Bun, Corn, Applesauce, Milk Snack: Muffin, Milk</p>	<p>5 Breakfast: Cheerios Fruit, Milk Lunch: Turkey & Cheese, Crackers, Peas, Mixed Fruit, Milk Snack: Graham Crackers, Milk</p>
<p>8 Breakfast: Corn Flakes, Pears, Milk Lunch: Ham Sandwich, Bread, Broccoli, Fruit Cocktail, Milk Snack: Pretzels, Oranges</p>	<p>9 Breakfast: Muffin, Peaches, Milk Lunch: BBQ Chicken, Bread, Peas, Applesauce, Milk Snack: Animal Crackers, Mixed Fruit</p>	<p>10 Breakfast: Cereal, Banana, Milk Lunch: Cheeseburger, WG Bun, Cucumbers, Pears, Milk Snack: Tortilla Chips, Bean Dip</p>	<p>11 Breakfast: WG Waffle, Applesauce, Milk Lunch: Fish Nuggets, Potatoes, Cole Slaw, Peaches, Milk Snack: WG Crackers, Cheesestick</p>	<p style="text-align: center; color: red; font-weight: bold;">EHS CLOSED</p>
<p>15 Breakfast: Cheerios, Peaches, Milk Lunch: Turkey Sandwich, Bread, Carrots, Fruit Cocktail, Milk Snack: Cheesesticks & Crackers</p>	<p>16 Breakfast: Yogurt, Berries, Milk Lunch: Popcorn Chicken, WG Noodles, Mixed Vegetables, Pineapple, Milk Snack: Cereal, Milk</p>	<p>17 Breakfast: French Toast, Applesauce, Milk Lunch: Meatballs/Sauce, WG Pasta, Green Beans, Pears, Milk Snack: Apples, Crackers</p>	<p>18 Breakfast: Cereal, Fruit Cocktail, Milk Lunch: Hash Brown, Turkey Sausage, Biscuit, Mandarin Oranges, Milk Snack: Carrots, Crackers</p>	<p>19 Breakfast: Muffin, Pears, Milk Lunch: Mac & Cheese, WG, Vegetable, Mixed Fruit, Milk Snack: Crackers, Milk</p>
<p>22 Breakfast: Rice Chex, Mandarin Oranges, Milk Lunch: Summer Sausage, Bun, Peas, Pears, Milk Snack: Yogurt, Crackers</p>	<p>23 Breakfast: Muffin, Pineapple, Milk Lunch: Hamburger, WG Bun, Cucumbers, Peaches, Milk Snack: Sunbutter and Pretzels</p>	<p>24 Breakfast: Oatmeal, Banana, Milk Lunch: Sweet & Sour Chicken, Brown Rice, Broccoli, Fruit Cocktail, Milk Snack: Cheeze-its, Apples</p>	<p>25 Breakfast: Pancake, Applesauce, Milk Lunch: Taco Hotdish, Tortilla Chips, Corn, Pears, Milk Snack: Cereal, Milk</p>	<p style="text-align: center; color: red; font-weight: bold;">EHS CLOSED</p>
<p>29 Breakfast: Rice Krispies, Peaches, Milk Lunch: Ham Sandwich, Bread, Carrots, Fruit Cocktail, Milk Snack: Chex Mix, Applesauce</p>	<p>30 Breakfast: Yogurt, Pineapple, Milk Lunch: Chicken Patty, WG Bun, Green Beans, Pears, Milk Snack: Crackers & Oranges</p>	<p>Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals subject to change. Head Start/Early Head Start is an equal opportunity provider</p>		