

January Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All meals are served with whole grain bread, peanut butter, and jelly; 1% skim or chocolate milk. Fruit is offered daily with breakfast. Fresh Fruit is available on Tuesday and Thursday. Breakfast is served with juice or milk. All menus are subject to change without notice.1</p>						
	1 No School New Year's Day	2 Breakfast Bars Cereal/Toast Yogurt String Cheese Juice/Fruit	3 Muffins Cereal/Toast Yogurt String Cheese Juice/Fruit	4 Scrambled Eggs Sausage Links Cereal/Toast Yogurt String Cheese Juice/Fruit	5 Cinnamon Churros Cereal/Toast Yogurt String Cheese Juice/Fruit	6
7	8 Pancake Wraps Cereal/Toast Yogurt String Cheese Juice/Fruit	9 Turnovers Cereal/Toast Yogurt String Cheese Juice/Fruit	10 Biscuits & Gravy Cereal/Toast Yogurt String Cheese Juice/Fruit	11 Omelets Cereal/Toast Yogurt String Cheese Juice/Fruit	12 Breakfast Pizza Cereal/Toast Yogurt String Cheese Juice/Fruit	13
14	15 Cream Cheese Croissants Cereal/Toast Yogurt String Cheese Juice/Fruit	16 Parfaits Cereal/Toast Yogurt String Cheese Juice/Fruit	17 Chocolate Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit	18 Eggstravaganza Cereal/Toast Yogurt String Cheese Juice/Fruit	19 No School Professional Development	20
21	22 No School	23 Cinnamon Churros Cereal/Toast Yogurt String Cheese Juice/Fruit	24 Waffles Cereal/Toast Yogurt String Cheese Juice/Fruit	25 Breakfast Burritos Cereal/Toast Yogurt String Cheese Juice/Fruit	26 Breakfast Bars Cereal/Toast Yogurt String Cheese Juice/Fruit	27
28	29 French Toast Cereal/Toast Yogurt String Cheese Juice/Fruit	30 Muffins Cereal/Toast Yogurt String Cheese Juice/Fruit	31 Pumpkin Loaf Cereal/Toast Yogurt String Cheese Juice/Fruit			

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	1 No School New Year's Day	2 Chicken Nuggets Hash Brown Squares Broccoli Fresh Fruit	3 Hamburgers W.G. Hamburger Buns Green Beans Fruit	4 Corndogs Sun Chips Peas Fresh Fruit	5 Smoked Sausage W.G Dinner Roll California Blend Fruit	6
7	8 Crispitos California Blend Fruit	9 Chicken Cordon Bleu Rice Green Beans Fresh Fruit	10 Meatballs Mashed Potatoes Gravy W.G. Dinner Roll Corn Fruit	11 Pizza Salad Bar Fresh Fruit	12 Chicken Drumsticks Hash Brown Squares Peas Fruit	13
14	15 Hot Dogs W.G. Hot Dog Buns Baked Beans Fruit	16 Orange Chicken Fried Rice Peas Fresh Fruit	17 Sloppy Joes W.G. Hamburger Buns California Blend Fruit	18 Chicken Wraps Salad Bar Fresh Fruit	19 No School Professional Development	20
21	22 No School	23 Pulled Pork Sandwiches W.G. Bun Corn Fresh Fruit	24 Soft Shell Tacos Salad Bar Fruit	25 Goulash W.G. Dinner Roll Green Beans Fresh Fruit	26 Chicken Tortilla Soup Salad Bar Fruit	27
28	29 Pizza Sticks Green Beans Fruit	30 Tater Tot Hotdish W.G. Dinner Roll Corn Fresh Fruit	31 Chicken Burgers W.G. Bun Carrots Fruit			

Head Start January

Snacks

Monday	Tuesday	Wednesday	Thursday
No School (1)	Cheese sticks Crackers (2)	Apples Peanut Butter (3)	Yogurt Graham crackers (4)
Pretzels Cheese Cubes (8)	Oranges Milk (9)	Broccoli w/Ranch Crackers (10)	Blueberry Muffins Milk (11)
Peaches Cottage Cheese (15)	Carrots w/Ranch Goldfish Crackers (16)	Yogurt $\frac{1}{2}$ Strawberries (17)	Peanut Butter $\frac{1}{2}$ Jelly Sandwich Milk (18)
No School (22)	Pears Graham Crackers (23)	Chips $\frac{1}{2}$ Salsa Peppers w/Ranch (24)	Bananas Peanut Butter Milk (25)
Cheese sticks Goldfish Crackers (29)	Apples Milk (30)	Meat $\frac{1}{2}$ Cheese Tray Ritz Crackers (31)	