# The Head Start Connection

107 3rd Ave SE - phone 277-3010 - toll free 1-877-546-9420 - fax 701-225-1968

A quick look at what's happening in December..... <u>13<sup>th</sup></u> Policy Council Meeting 3:00 <u>15<sup>th</sup></u> Child Team Staffings <u>25<sup>th</sup> through 28<sup>th</sup></u> Dickinson and Hettinger County Head Starts closed January 1<sup>st</sup> - Closed

### **Policy Council Elections**

## FROM THE DIRECTOR.....

#### Jennifer Braun

It is a time to elect new parents and community members on to our Policy Council board. Policy Council elections will begin in December! Policy Council is an excellent way to be involved in your child's care through Head Start. Ballots will be coming home with your child – please vote for your next Policy Council representative and turn back in to your child's teacher, to Roxanne at the Dickinson front office, or to your child's home visitor as soon as you can. We would love to have you join us in making our program one of the best!!



#### Keeping Kids Safe and Healthy during winter break!

1. Host Friends and Family, not viruses....

Don't let viral respiratory illnesses like the flu, RSV, and COVID-19 put a stop to your family's fun. The best way to ensure your child's immune system can fight off infection, is to be sure they are update on any recommended vaccines or vaccine boosters. Always remember the simple but effective way to reduce the spread of germs is proper hand hygiene!

2. Keep an eye on safety....

Be sure to keep safety in mind especially with young children in the home! Be sure to place keep any electrical outlets covered. Along with keeping cords up and out of reach of little hands! Ensure batteries of all sizes are placed out of reach as well.

3. Food and drink....



When preparing treats and meals, be sure to keep any hot liquids away from the edge of the counters and tables. Be sure to use proper hand hygiene while handing any food and drink. Make sure all food is cooked to the recommended temperature and that left overs are stored properly to help prevent any food borne illnesses.

https://www.healthychildren.org/English/safety-prevention/allaround/Pages/ways-to-keep-kids-safe-and-healthy-during-the-winter-



#### Child Team Staffings

Head Start has established an agreement with Badlands Human Service Center to provide monthly meetings with parents/guardians, staff, to provide support for parents/guardians and teaching staff. If you are interested in scheduling a staffing please contact Brittany Brown or your child's teacher.

#### CHILD TEAM STAFFING DATES

December 15<sup>th</sup> January 26<sup>th</sup> February 23<sup>rd</sup> March 22<sup>nd</sup> April 12<sup>th</sup>

