

DECEMBER 2023 MENU

Monday	Tuesday	Wednesday	Thursday
4	5	6	7
<u>Breakfast</u> Corn Flakes Mandarin Oranges <u>Lunch</u> Turkey Sandwiches Broccoli Fruit Cocktail <u>Snack</u> Chex Mix/Cheese	<u>Breakfast</u> Muffins Peaches <u>Lunch</u> Sloppy Joes/Bun Tater Tots Pineapple <u>Snack</u> Yogurt/Graham Crackers	<u>Breakfast</u> Cereal Pears <u>Lunch</u> Popcorn Chicken Mashed Potatoes Corn/Buns <u>Snack</u> Crackers/Fruit Cocktail	<u>Breakfast</u> French Toast Sticks Applesauce <u>Lunch</u> Cheeseburgers/Bun Cucumbers Peaches <u>Snack</u> Cereal
11	12	13	14
<u>Breakfast</u> Kix Cereal Pears <u>Lunch</u> Ham Sandwiches Carrots Peaches <u>Snack</u> Cheddar Goldfish/Cheese Sticks	<u>Breakfast</u> Yogurt Berries <u>Lunch</u> Chili/Crackers Corn Fruit <u>Snack</u> Apple Slices/Chex Mix	<u>Breakfast</u> Cheerios Peaches <u>Lunch</u> Pasta/Meatballs/Sauce Green Beans Fruit Cocktail <u>Snack</u> Crackers/Mandarin Oranges	<u>Breakfast</u> Pancakes Applesauce <u>Lunch</u> Sweet/Sour Chicken Brown Rice/Broccoli Pineapple <u>Snack</u> Muffins
18	19	20	21
<u>Breakfast</u> Corn Flakes Mandarin Oranges <u>Lunch</u> Sun Butter/Jelly Sandwiches Peas Peaches <u>Snack</u> Cheese/Crackers	<u>Breakfast</u> Muffins Pears <u>Lunch</u> BBQ Chicken Buttered Noodles Cooked Carrots/Fruit Cocktail <u>Snack</u> Yogurt/Graham Crackers	<u>Breakfast</u> Oatmeal Applesauce <u>Lunch</u> Hamburgers/Bun Corn Pineapple <u>Snack</u> Pretzels/Cheese	<u>Breakfast</u> Waffles Bananas <u>Lunch</u> Chicken Patties Brown Rice/Broccoli Pears <u>Snack</u> Goldfish/Peaches

All meals served with milk and water

All bread/grain is whole grain

All meals are subject to change

Head Start/Early Head Start is an equal opportunity provider

