

HETTINGER COUNTY HEAD START

November 27, 2023-November 30, 2023

IMPORTANT REMINDERS

- ❖ We will not be taking the Head Start children to the Christmas concert on December 14th. The school will be giving the Head Start children treat bags that will be passed out to the other boys and girls after the concert so if you take your child to the Christmas concert please do not take a treat bag for your child at the concert. Thank you!
- ❖ Please sign your child's November Back Pack Reading form and At Home Activities Form. The December form will have the Back Pack Reading on one side and the At Home Activities on the other side.
- ❖ Thanks for attending Pyramid Night on Tuesday night. I hope you find the Stop and Go Chart that you made with your child helpful in your home!
- ❖ It was Zane's Family of the Week! Thanks for sharing two of your favorite songs as well as a favorite recipe!

STANDARDS

- Maintains focus and sustains attention with minimal adult support
- Participate in the community of the classroom.
- Demonstrates increasing control, strength, and coordination of small muscles.
- Engage in cooperative play with other children.
- Holds information in mind and manipulates it to perform tasks.
- Identifies letters of the alphabet and produces correct sounds associated with letters.
- Demonstrates knowledge of personal safety practices and routines.
- Uses perceptual information to guide motions and interactions with objects and other people.

MONDAY: Today for Small Group Time, the boys and girls were introduced to flip crayons (shorter crayons with one color at one end and a different color at the other that you flip with your fingers to change color from one end of the crayon to the other). They colored their letter link pictures. These pictures will replace the current ones they colored out in the hallway when school first started. The children help make "Mat Man," using a big lines, little lines, big curves, little curves, a letter mat, water lids for eyes, a juice lid for a nose, and foam hands.

TUESDAY: The children drew "Mat Man." First, the teacher drew the head, then the children drew a head. Next, the teacher drew eyes and the children drew eyes. They continued to watch the teacher and draw the same body part until "Mat Man" was finished. The boys and girls were partnered up and given a container and a bean bag. They took turns using an underhand toss to toss the beanbag into the container. They were encouraged to challenge themselves if they were tossing the beanbag into the container and never missing by moving the container back a little further or their bodies back a little further. They were also told to move closer if they struggled getting the bean bag into the container.

WEDNESDAY: The boys and girls painted on what they thought was white paper using water paints. To their surprise, letters appeared on their papers. Some children finished their first painting and painted another picture that had shapes, numbers, and letters appear as they painted. During Large Group Time, the boys and girls took turns pretending to be "Humpty Dumpty." We built a "wall" with our wooden blocks for them to sit on as we all said the rhyme, "Humpty Dumpty." When the children heard the words "had a great fall," they fell off of the "wall" onto the floor.

THURSDAY: Amanda, our nurse from Head Start, visited our classroom today for Small Group Time to talk to the boys and girls about "Playground Safety." Two children chose songs from the Classroom Songbook for everyone to sing and move their bodies.

Contact Information

Classroom Teacher: Kim Lutz

Email: Kim.Lutz@k12.nd.us

Classroom Phone Number: (701) 824-2795 and Press #4 for Head Start

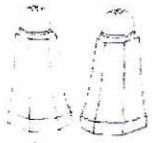
Do you have a favorite recipe to share?



Recipe of the week!

Grilled Steakhouse Steak Tips

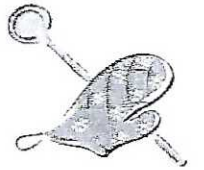
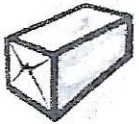
Ingredients



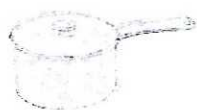
- 3½ lbs. beef sirloin tip steak - cut into 2 inch chunks
- ½ cup Worcestershire sauce
- 1 cup Italian Salad dressing
- 1 cup BBQ sauce
- 2 tsp. garlic powder
- ½ tsp. black pepper



1. In a bowl, mix together everything EXCEPT the meat. Mix together well.
2. Add in meat, turning the pieces until coated.
3. Preheat grill to High. Brush grill lightly with oil.
4. Place Steak tips onto grill and discard any remaining marinade.
5. Grill 8-10 minutes per side or to desired doneness.



From: Zane Ebner



FLOUR