



**December 2024 Early Head Start Center
Breakfast, Lunch & Snack Menu**



				1 EHS CLOSED
4 Breakfast: Corn Flakes, Mandarin Oranges, Milk Lunch: Turkey Sandwich, Bread, Broccoli, Fruit Cocktail, Milk Snack: Chex Mix, Cheese	5 Breakfast: WG Muffin, Peaches, Milk Lunch: Tater Tot Hotdish, Green Beans, Bread, Pineapple, Milk Snack: Graham Crackers, Yogurt	6 Breakfast: Cereal, Pears, Milk Lunch: Popcorn Chicken, Mashed Potatoes, Corn, Bun, Milk Snack: Crackers, Fruit Cocktail	7 Breakfast: French Toast Sticks, Applesauce, Milk Lunch: Cheeseburger, WG Bun, Cucumbers, Peaches, Milk Snack: Cereal, Milk	8 EHS CLOSED
11 Breakfast: Kix, Pears, Milk Lunch: Ham Sandwich, Bread, Carrots, Peaches, Milk Snack: Cheddar Goldfish, Cheese Stick	12 Breakfast: Yogurt, Berries, Milk Lunch: Chili Crackers, Corn, Fruit, Milk Snack: Apple Slices, Chex Mix	13 Breakfast: Cheerios, Peaches, Milk Lunch: WG Pasta, Meatballs and Sauce, Green Beans, Fruit Cocktail, Milk Snack: Crackers, Mandarin Oranges	14 Breakfast: Pancakes, Applesauce, Milk Lunch: Sweet and Sour Chicken, Brown Rice, Broccoli, Pineapple, Milk Snack: Muffin, Milk	15 EHS CLOSED
18 Breakfast: Corn Flakes, Mandarin Oranges, Milk Lunch: Sunbutter & Jelly Sandwich, Bread, Peas, Peaches, Milk Snack: Snack Cheese and Crackers	19 Breakfast: WG Muffin, Pears, Milk Lunch: BBQ Chicken, Buttered Noodles, Cooked Carrots, Fruit Cocktail, Milk Snack: Graham Crackers, Yogurt	20 Breakfast: Oatmeal, Applesauce, Milk Lunch: Hamburger, Bun, Corn, Pineapple, Milk Snack: Pretzels and Cheese	21 Breakfast: Waffle, Banana, Milk Lunch: Chicken Patty, Brown Rice, Pears, Milk Snack: Goldfish and Peaches	22 Breakfast: Rice Krispies, Fruit, Milk Lunch: Meat and Cheese, Crackers, Mixed Fruit, Milk Snack: Chex Mix and Fruit
25 EHS CLOSED	26 EHS CLOSED	27 EHS CLOSED	28 EHS CLOSED	29 EHS CLOSED



Lunch is served with Skim Milk or Whole Milk and Water.
All bread/grain is whole grain.
All meals are subject to change.

"Head Start/Early Head Start is an equal opportunity provider."