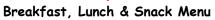
December 2024 Early Head Start Center



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				EHS CLOSED
4 Breakfast: Corn Flakes, Mandarin Oranges, Milk Lunch: Turkey Sandwich, Bread, Broccoli, Fruit Cocktail, Milk Snack: Chex Mix, Cheese	5 Breakfast: WG Muffin, Peaches, Milk Lunch: Tater Tot Hotdish, Green Beans, Bread, Pineapple, Milk Snack: Graham Crackers, Yogurt	6 Breakfast: Cereal, Pears, Milk Lunch: Popcorn Chicken, Mashed Potatoes, Corn, Bun, Milk Snack: Crackers, Fruit Cocktail	7 Breakfast: French Toast Sticks, Applesauce, Milk Lunch: Cheeseburger, WG Bun, Cucumbers, Peaches, Milk Snack: Cereal, Milk	8 EHS CLOSED
11 Breakfast: Kix, Pears, Milk Lunch: Ham Sandwich, Bread, Carrots, Peaches, Milk Snack: Cheddar Goldfish, Cheese Stick	12 Breakfast: Yogurt, Berries, Milk Lunch: Chili Crackers, Corn, Fruit, Milk Snack: Apple Slices, Chex Mix	13 Breakfast: Cheerios, Peaches, Milk Lunch: WG Pasta, Meatballs and Sauce, Green Beans, Fruit Cocktail, Milk Snack: Crackers, Mandarin Oranges	14 Breakfast: Pancakes, Applesauce, Milk Lunch: Sweet and Sour Chicken, Brown Rice, Broccoli, Pineapple, Milk Snack: Muffin, Milk	EHS CLOSED
18 Breakfast: Corn Flakes, Mandarin Oranges, Milk Lunch: Sunbutter & Jelly Sandwich, Bread, Peas, Peaches, Milk Snack: Snack Cheese and Crackers	19 Breakfast: WG Muffin, Pears, Milk Lunch: BBQ Chicken, Buttered Noodles, Cooked Carrots, Fruit Cocktail, Milk Snack: Graham Crackers, Yogurt	20 Breakfast: Oatmeal, Applesauce, Milk Lunch: Hamburger, Bun, Corn, Pineapple, Milk Snack: Pretzels and Cheese	21 Breakfast: Waffle, Banana, Milk Lunch: Chicken Patty, Brown Rice, Pears, Milk Snack: Goldfish and Peaches	Breakfast: Rice Krispies, Fruit, Milk Lunch: Meat and Cheese, Crackers, Mixed Fruit, Milk Snack: Chex Mix and Fruit
EHS CLOSED	EHS CLOSED	EHS CLOSED	EHS CLOSED	EHS CLOSED



Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change.