

HETTINGER COUNTY HEAD START

October 2, 2023-October 5, 2023

IMPORTANT REMINDERS

- ❖ **NO HEAD START ON THURSDAY, OCTOBER 19TH**
- ❖ **PARENT/TEACHER CONFERENCES ON WEDNESDAY, NOVEMBER 1ST AND THURSDAY, NOVEMBER 2ND IN THE HEAD START CLASSROOM. PLEASE LET ME KNOW AS SOON AS POSSIBLE IF THERE IS A DATE AND TIME THAT WORKS BEST FOR YOU. THANKS!**

STANDARDS

- Maintains focus and sustains attention with minimal adult support
- Participate in the community of the classroom
- Engages in and maintains positive interactions and relationships with other children.
- Persists in tasks.
- Demonstrates personal hygiene and self-care skills.
- Demonstrates increasing control, strength, and coordination of small muscles.
- Demonstrates control, strength, and coordination of large muscles.
- Uses perceptual information to guide motions and interactions with objects and other people.

MONDAY: Today for Small Group Time, the boys and girls first practiced blowing air through a straw into their bowl. Next, water and a drop of dish soap were added to the bowl and to their surprise they blew lots of bubbles!! The children were introduced to a new song for Large Group Time called, "Listen & Move." First they listened to the music as they were told how to move based on the tempo of the music. The second time around they had to listen to the music and remember how they moved their body (walk, gallop, tiptoe, run, skate, and hop). This song has been added to our Classroom Songbook.

TUESDAY: The boys and girls were each given a basket with a variety of sizes of aluminum foil. They explored ways to manipulate the foil into a "foil sculpture" by molding, bending, and twisting. For Large Group Time, "The Freeze" song taught the children about self-control. While the music played, they could move their body to the music. When the music stopped, they had to freeze. This song has now been added to our Classroom Songbook.

WEDNESDAY: The nurse from Head Start, Amanda, visited our classroom today to talk to the children about tooth brushing. Each child practiced brushing the Dragon's teeth. We look forward to having Amanda come back to our classroom to talk about Playground Safety. The boys and girls had to help make popcorn for today's Large Group Activity. They made popcorn by scrunching paper towel into tiny balls to strengthen the muscles in their hands. When finished, a parachute (popcorn popper) was added to our Large Group circle and everyone found a handle or space on the parachute to hold on to. We practiced lifting the parachute up & down to warm up our popcorn popper. Finally, the popcorn was added to the parachute for the boys and girls to pop up into the air just like when popcorn is popping. The "Popcorn" song can now be found in our Classroom Songbook.

THURSDAY: For Small Group Time, the boys and girls were introduced to scissors in our classroom. They practiced rolling their playdoh with their hands until it got longer and longer and finally they used their scissors to cut their playdoh into small pieces. We will be adding scissors to our Art Center for the boys and girls to practice cutting playdoh and paper. Two children chose songs for us to sing and move our bodies for Large Group Time. They enjoyed having more songs to choose from!!

Contact Information

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WHEN CHILDREN DANCE THEY LEARN...

*BALANCE AND COORDINATION

*TO BE CONSCIOUS OF THE MOODS AND
RHYTHM OF MUSIC

*TO EXPRESS THEMSELVES PHYSICALLY

