



This week we will focus on how to identify what emotions I am having . Learn how to handle my emotions . We will learn about Tucker the Turtle and what he does to calm himself down.



Let's Meet Tucker Turtle

What we are learning

this week:

Monday: Rolling Dice Emotion Game

Tuesday: Identifying Emotions

Wednesday: Let's make an Emotion

Thursday: My Journal



Important Dates:

No School - October 19th

Reminders:

- * Please send extra clothing with your child in their backpacks.

I feel happy!

