



July

July 3 - EHS Closed

July 4 - EHS Closed

July 21 - EHS Closed Professional
Development

National Minority Mental Health Awareness Month



National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States. The COVID-19 pandemic has made it harder for racial and ethnic minority groups to get access to mental health and substance-use treatment services.

Throughout the month, the HHS Office of Minority Health (OMH) will focus on promoting tools and resources addressing the stigma about mental health among racial and ethnic minority populations, particularly during the COVID-19 pandemic.

OMH encourages state, tribal, and local leaders, community-based organizations, faith leaders, healthcare providers and individuals to educate your communities regarding mental health stigma.

Visit this web page during National Minority Mental Health Awareness Month for shareable social media messages, downloadable graphics, and health resources. Follow us on [Twitter](#), [Instagram](#), and [Facebook](#), and [sign up](#) for OMH newsletters for additional updates. Check out the [OMH Knowledge Center online catalog](#) for publications and resources that highlight the importance of spreading awareness on how to avoid and help dissipate mental health stigma in minority communities.

Community Events

Dickinson Parks & Recreation

2004 Fairway St
Dickinson, ND 58601
(701) 456-2074

www.dickinsonparks.org

Check with Parks and Rec for reduced family membership rates based on income for West River Community Center features

Patterson Lake Beach Party Thu July 6 @ 3:00-6:00 PM Free Day & Beach Party
Patterson Lake Recreation Area 3753 114th Ave SW, Dickinson, ND. Join us for some fun in the sun at Patterson Lake Recreation Area! Participate in our photo scavenger hunt, play with beach balls and water toys, sand tug-of-war and so much more!



West River Pool Party

Thursday, July 13, 12:00-7:00 PM FREE

Have fun with us at the West River Community Center's Outdoor Pool! We'll have music, door prizes and fresh food—don't forget your water toys and pool floaties! Bring the whole family to this fun summer event



Don't Miss out on all the Roughrider events!! - See June Newsletter