#### **Closed Dates:**

June 8 - Closed for Professional Development

June 9 - Closed for Home Visits

June 29 - Closed for Professional Development

June 30 - Center Closed

# From the desk of the director...

### Head Start Fall Openings

Please notify your friends and family of preschool children that Head Start is now taking applications for Fall enrollment. Eligible children will be accepted in June. We are encouraging families to complete their applications and reserve their child's slot for Fall enrollment. Once the Head Start program is full, children will be placed on a Wait List until an opening occurs.

Jennifer Braun, HS/EHS Director

#### Don't forget all the wonderful parks to visit this summer!

Crooked Crane Park College Park Downtown Park Gress Complex Eagles Park Eastside Complex Fisher Park Gress Park Hewson Park Hillside Park Hospital Park Jaycee Park

Kostelecky Park Leisure Park Lions Park Memorial Park Optimist Park Pine Tree Park Pleasant Valley Park Rocky Butte Park Pride Park Roers Park Simpsons Park Sunset Crest Park



## **EVENTS**



WHEN: Fri, Jun 16, 4PM -10 PM

WHERE: West River Ice Center 1865 Empire Rd, Dickinson, ND

This Event Reminder is Sponsored by: The 11th annual Bakken BBQ is Friday, June 16, 2023. Join us for our 11th annual Bakken BBQ, Friday, June 16, 2023, for an Around the World Theme.



### Walk with a Doc

Who can join Walk with a Doc? Walkers and rollers of all ages, fitness levels, and backgrounds are welcome and encouraged to attend these ongoing walks,

FREE event—no registration necessary. Join us on the 2nd & 4th Saturday of every month at 9AM.

Where: West River Community Center



**CONCESSIONS:** Offered by Relay for Life. The Amen Food Pantry will also be collecting perishable food items each week to stock our local food pantry. Your donations are appreciated!

LOCATION: Phil Patterson Memorial Bandshell - Memorial Park

### Tuesday Night Band Concert 2023 Schedule: FREE

- June 13 Cole Decker
- June 20 Paul Family Bluegrass
- June 27 Nu Blu-Daniel Routh
- July 4 No Concert Happy 4th of July!
- July 11 Good Morning Bedlam
- July 18 Ryan Dart
- <u>July 25 Greg Hager</u>
- August 1 Bluestems
- August 8 Mountain Country
- <u>August 15 If Music be the Food</u>



June 17 - Youth Rodeo June 21-25 - Carnival June 28-25 - PRCA Rodeo (7 pm, 7 pm, and 4 pm), Specialty Act & Barvelman Wild Child

June 24 - Kids Day at the Fairgrounds June 20-29 - 411 Activities July 8 - Concert (7 pm) July 4 - Parade (10 am), Family Fun Day (11 am), Fireworks Display (10 pm)

July 9 - Demolition Derby



Dickinson State University – 11AM-5PM



### Providing Positive Feedback and Encouragement

## Verbal Encouragement

- "You are working so hard on..."
- "You must feel proud of yourself for..."
- "Thank you for helping me ..."
- "What a great listener you are, you..."
- "Great job remembering to..."
- "That's a cool way to..."
- "Way to go! You \_\_\_\_ all by yourself!"
- "You almost have it! You can..."
- "You are being a helper when you..."
- "Your brother/sister looks so happy when you..."
- "You are really growing up because you..."
- "You were so patient when you..."
- "That's a great idea! Look at you..."
- "WOW! What a fabulous job you've done of..."
- "Excellent job using your problem solving to..."

# Nonverbal Encouragement also

#### works

- Giving a hug
- A thumbs up or wink
- Clapping
- Using a special hand shake
- Smiling
- Imitating gestures, words or sounds
- A happy dance





# 5 Water Safety Tips

#### 1. Stay within arm's reach whenever your child is near water.

- a. Drowning can happen to any family, at any time. It's quick and it's silent. Never leave a child alone in a bathtub or in the care of another child, even for a moment.
- 2. Protect your curious toddlers
  - a. Little kids are curious! Nurture their curiosity and make sure they stay SAFE by keeping them within arm's reach whenever near or around water.
  - b. Did you know? Kids can drown in as little as ONE INCH of water! It is recommended to install bathroom door locks and toilet latches, helping to keep our curious ones safe!

#### 3. Start swimming lessons early

- a. Drowning prevention is a family activity! Swim lessons for both parents and toddlers is a great first step toward water safety
- 4. Help your teen be water smart
  - a. Help your teen to recognize hidden obstacles and rip currents. Be a good role model and always have your life jacket on, especially while boating!

#### 5. Make safety a priority if you own a swimming pool

 Pool alarms and rigid pool covers may provide some protection, but aren't always enough. The MOST effective drowning prevention strategy is a 4-sided fence that is at least 48 inches tall, with a self-latching feature that separates the pool from the house.

https://www.healthychildren.org/English/safety-prevention/at-play/Pages/5-Water-Safety-Tips-for-Kids-of-all-Ages.aspx

