Head Start Connection



May 2023

107 3rd Ave SE - phone 277-3010 - toll free 1-877-546-9420 - fax 701-225-1968

A quick look at what's happening in May

9th

Dickinson Kindergarten Transition Night – 5:30-7:00

 $m{11}^{th}$

Family Picnic

17th

* Hettinger County Last Day of preschool

* Policy Council - 3:00

18th & 19th

Hettinger County Conferences **22**nd

Dickinson Center Base and Home Base last day of preschool

23rd, 24th, and 25th

Dickinson Center Conferences

ND Rent Help

The ND Rent Help program is still assisting North Dakota renters who are struggling. This program can provide up to 12 months of temporary rental assistance and other housing supports to those who qualify.

Community Action Agencies across North Dakota have Application Counselors available to assist with the application for both rent and utilities! For more information or to apply on your own, visit the ND Rent Help website: www.applyforhelp.nd.gov/nd-rent-help

For assistance applying, contact your local Community Action Agency.

Community Action Partnership 202 E. Villard Dickinson ND 58601 701-227-3010

FROM THE DIRECTOR..

Jennifer Braun

THANK YOU!

Thank you to all children and their families for an amazing 2022-2023 school year! For those families with a child going off to Kindergarten – I wish you all the luck in the upcoming school year! Dickinson families; please remember Kindergarten Transition night is scheduled for Tuesday, May 9th from 5:30-7pm at the Dickinson Head Start center.

For all families coming back, I hope you have a fantastic summer and I cannot wait to see you all again in the fall!!

Transportation Update

As the school year is coming to an end, parents should be aware that after Wednesday, May 2nd, we will no longer be making changes to our bus routes. A change would be busing to a different childcare setting, or changing your child's pick up or drop off location.

If your child does not need busing one day, please still continue to call the front office and inform them of your situation. Also, please let us know if your situation has changed and you no longer need busing for your child.



Full Day Requests for Next Year

If you would like to be considered for the full day classroom – please bring in a work schedule showing 20+ hours of scheduled work per week and set an appointment to sign the Full Day Agreement with Caroll, Leigh, or Brittany.



Disasters are costly but preparing for them doesn't have to be. In fact, taking time to prepare now can help save you thousands of dollars and give you peace of mind when the next disaster or emergency occurs.

Take these simple steps now to be better prepared for any disaster or emergency that have little to no cost.

- Know what kind of disasters and emergencies are most common for where you live. Here in Dickinson wildfires, home fires, tornados, high, straight-line winds in thunder storms.
- **Create** your emergency communications plan. Use our <u>free template</u> to conveniently record important contact and medical information about your family, which you then can share with others and store copies both digitally and on paper.
- Make sure you store important phone numbers somewhere besides just your cell phone.
- Sign up for emergency <u>alerts</u> in your area to receive life-saving information from your state and local municipality.
- **Download** the <u>FEMA App</u> (available in English and Spanish) to receive weather alerts, safety tips and reminders and be ready for the unexpected.
- Build your emergency supply kit over time. Start with items you may already have in your home, like a flashlight, extra batteries, copies of important documents, water and non-perishable food. When you go to the grocery store, you can pick up an extra item each time that you use regularly, especially if it's on sale! Community food banks are a potential resource for foodinsecure families to stock their emergency supply kits.
- Talk with family or members of your household about where you will go if told to evacuate. Having a plan before disaster strikes can help you save precious time and money.
- Store important documents and items like passports, birth certificates, maps and electronics in a flood-safe place like a high shelf or upper floor in resealable water-tight plastic bags to help waterproof them. Have them in a place that you can grab in case of a fire or a tornado. Store important documents like insurance policies digitally.
- Contact your local fire department. They may have programs that provide fire or carbon monoxide detectors.
- Check online for free or discounted CPR courses offered near you.
- Download free preparedness resources at https://www.ready.gov/be-informed.







Safety Tips

Spring time is here & hopefully will stay! There will be increased vehicle traffic around the Head Start buildings due to the Badland's Big Sticks practices and games. We feel very strongly about you and your child's safety, and would like you to review the Safety Rules with your Head Start child and whole family.

<u>ALWAYS</u> talk to your child about safety so they know what the expectations are and so they understand and learn what safety is.

<u>NEVER</u> let your child out of your reach or run ahead of you. You can say to your child, "the rule is that you cannot run off ahead of me, you must hold my hand to stay safe."

<u>ALWAYS</u> hold your child's hand when crossing the street. You can say to your child, "the rule is that you must hold my hand when we cross the street so you stay safe."

ALWAYS look left-right-left for traffic before you cross the street.

<u>ALWAYS</u> use the crosswalk; never walk between vehicles or buses. Prepare your child ahead of time; before getting out of the car and/or before leaving the building.

ALWAYS praise him/her for copying your safe actions.

<u>ALWAYS</u> unload children from a vehicle on the side walk side. NEVER load or unload them on the street side of the vehicle.

NEVER leave your children in the car unattended.

<u>ALWAYS</u> use proper child seats based on your child's height and weight. North Dakota State law states children under the age of 8 are required by law to be in a child restraint. Children under the age of 13 are required to sit in the back seat.

Thank you for taking time to teach your child about this very important matter!

- Brittany Brown, Family Partnership Coordinator

