


## MAY 2023 MENU

Monday	Tuesday	Wednesday	Thursday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b><u>Breakfast</u></b> Corn Chex Apple Juice <b><u>Lunch</u></b> Turkey/Bun Peas Pears <b><u>Snack</u></b> Cereal	<b><u>Breakfast</u></b> Yogurt Berries <b><u>Lunch</u></b> Sweet/Sour Chicken Stir Fry Vegetables Brown Rice/Pineapple <b><u>Snack</u></b> Pretzels/Sun Butter	<b><u>Breakfast</u></b> Eggs/Turkey Sausage Applesauce <b><u>Lunch</u></b> Hamburgers/Bun Carrots Peaches <b><u>Snack</u></b> Cheese/Crackers	<b><u>Breakfast</u></b> Waffles Mandarin Oranges <b><u>Lunch</u></b> Beef/Bean Burritos Green Beans Fruit Cocktail <b><u>Snack</u></b> Muffins
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b><u>Breakfast</u></b> Cheerios Pears <b><u>Lunch</u></b> Ham Sandwiches Cooked Carrots Peaches <b><u>Snack</u></b> V8 Juice/Goldfish	<b><u>Breakfast</u></b> Muffins Pineapple <b><u>Lunch</u></b> Chicken Patties/Bun Corn Applesauce <b><u>Snack</u></b> Oranges/Saltines	<b><u>Breakfast</u></b> French Toast Sticks Fruit Cocktail <b><u>Lunch</u></b> Pasta/Meatballs/Sauce Green Beans Pears <b><u>Snack</u></b> Yogurt/Pineapple	<b><u>Breakfast</u></b> Corn Chex Strawberries <b><u>Lunch</u></b> Chicken Salad Sandwiches Peas Peaches <b><u>Snack</u></b> Cheese Sticks/Crackers
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b><u>Breakfast</u></b> Corn Flakes Mandarin Oranges <b><u>Lunch</u></b> Turkey Wraps Broccoli Pineapple <b><u>Snack</u></b> Bean Dip/Tortilla Chips	<b><u>Breakfast</u></b> Yogurt Peaches <b><u>Lunch</u></b> Hamburgers/Bun Cucumbers Pears <b><u>Snack</u></b> Cereal	<b><u>Breakfast</u></b> Cheerios Bananas <b><u>Lunch</u></b> Sloppy Joes/Bun Tomatoes Fruit Cocktail <b><u>Snack</u></b> Graham Crackers/Bananas	<b><u>Breakfast</u></b> Waffles/Turkey Sausage Applesauce <b><u>Lunch</u></b> BBQ Chicken Mashed Potatoes Corn/Peaches <b><u>Snack</u></b> Yogurt/Berries
<b>22</b>			
<b><u>Breakfast</u></b> Rice Krispies Peaches <b><u>Lunch</u></b> Popcorn Chicken Pasta Salad/Vegetables Fresh Fruit <b><u>Snack</u></b> Animal Crackers			

All meals served with milk and water

All bread/grain is whole grain

All meals are subject to change

Head Start/Early Head Start is an equal opportunity provider

