

# APR 1 Breakfast Menu

Sun

Mon

Tue

Wed

Thu

Fri

Sat

All meals are served with whole grain bread, peanut butter and jelly; 1% skim or chocolate milk.  
Fruit is offered daily with breakfast.

Fresh fruit is available on Tuesday and Thursday.  
Breakfast is served with juice or milk.

All Menus are subject to change without notice.

	<b>1</b>							
		<b>2</b> Bagels w/Cream Cheese Toast Cereal String Cheese	<b>3</b> Yogurt Parfaits Toast Cereal String Cheese	<b>4</b> French Toast Toast Cereal String Cheese	<b>5</b> Biscuits & Gravy Toast Cereal String Cheese	<b>6</b> NO SCHOOL GOOD FRIDAY	<b>7</b>	<b>8</b>
		<b>9</b> Omelets Toast Cereal String Cheese	<b>10</b> Breakfast Sandwiches Toast Cereal String Cheese	<b>11</b> Pumpkin Loaf Cake Toast Cereal String Cheese	<b>12</b> Eggs Sausage Toast Cereal String Cheese	<b>13</b> Cinnamon Rolls Toast Cereal String Cheese	<b>14</b>	<b>15</b>
		<b>16</b> Waffles Toast Cereal String Cheese	<b>17</b> Breakfast Burritos Toast Cereal String Cheese	<b>18</b> Muffins Toast Cereal String Cheese	<b>19</b> Monkey Bread Toast Cereal String Cheese	<b>20</b> Breakfast Crisпитos Toast Cereal String Cheese	<b>21</b>	<b>22</b>
		<b>23</b> Breakfast Bowls w/Gravy Toast Cereal String Cheese	<b>24</b> Pancakes Toast Cereal String Cheese	<b>25</b> Pop Tarts Toast Cereal String Cheese	<b>26</b> Eggs Bacon Toast Cereal String Cheese	<b>27</b> NO SCHOOL HAVE A GOOD WEEKEND	<b>28</b>	<b>29</b>
	<b>30</b>							

# HeHinger County Head Start

# April Snacks

Monday	Tuesday	Wednesday	Thursday
3 tortilla chips salsa	4 apples peanut butter	5 broccoli/ranch milk	6 Pretzels Cheesy cubes
10 Carrots/ranch Saltine Crackers	11 Peanut butter Jelly Sandwich	12 Pears Graham Crackers	13 Cheese Sticks Goldfish
17 Apple sauce Graham Crackers	18 Vanilla Yogurt Strawberries	19 Cottage Cheese Peaches	20 Bananas Peanut butter
24 Cheese Sticks Oranges	25 Banana muffin milk	26 Apples Peanut butter	27 Chips Salsa