

APRIL 2023 MENU

Monday	Tuesday	Wednesday	Thursday
3	4	5	6
<u>Breakfast</u> Rice Krispies Peaches <u>Lunch</u> Turkey/Bun Broccoli Pears <u>Snack</u> Chex Mix/Applesauce	<u>Breakfast</u> Yogurt Berries <u>Lunch</u> Popcorn Chicken Mashed Potatoes Corn/Bread <u>Snack</u> Cereal	<u>Breakfast</u> Pancakes Applesauce <u>Lunch</u> Meatballs/Sauce/Pasta Green Beans Peaches <u>Snack</u> Yogurt/Mixed Fruit	CLOSED
10	11	12	13
CLOSED	<u>Breakfast</u> Muffins Mandarin Oranges <u>Lunch</u> Sunbutter/Jelly Sandwiches Carrots/Ranch Fruit Cocktail <u>Snack</u> Apple Slices/Cheese Sticks	<u>Breakfast</u> Corn Flakes Pears <u>Lunch</u> Chicken Patties/Bun Cucumbers Pineapple <u>Snack</u> Pretzels/Yogurt	<u>Breakfast</u> Waffles Applesauce <u>Lunch</u> Meatballs/Gravy Mashed Potatoes Green Beans/Bread <u>Snack</u> Muffins
17	18	19	20
<u>Breakfast</u> Cheerios Peaches <u>Lunch</u> Ham/Cheese/Bun Broccoli Fruit Cocktail <u>Snack</u> Sunbutter Graham Crackers	<u>Breakfast</u> Yogurt Pineapple <u>Lunch</u> Sloppy Joes/Bun Corn Pears <u>Snack</u> Cheese Sticks/Crackers	<u>Breakfast</u> Waffles Applesauce <u>Lunch</u> Popcorn Chicken Brown Rice Carrots/Peaches <u>Snack</u> Muffins	<u>Breakfast</u> Corn Chex Mandarin Oranges <u>Lunch</u> Pizza Casserole Green Beans Pears <u>Snack</u> Yogurt/Mixed Fruit
24	25	26	27
<u>Breakfast</u> Corn Flakes Pears <u>Lunch</u> Sunbutter/Jelly Sandwiches Peas Apple Slices <u>Snack</u> Goldfish/Mixed Fruit	<u>Breakfast</u> Muffins Applesauce <u>Lunch</u> Beef/Bean Chili Corn Peaches <u>Snack</u> Chex Mix/Pears	<u>Breakfast</u> Rice Krispies Bananas <u>Lunch</u> Chicken Patties/Bun Broccoli Pineapple <u>Snack</u> Pretzels/Peaches	<u>Breakfast</u> Pancakes Pears <u>Lunch</u> Beef Ravioli/Sauce Cucumbers Fruit Cocktail/Bread Sticks <u>Snack</u> Cereal

THINK

All meals served with milk and water

All bread/grain is whole grain

All meals are subject to change

Head Start/Early Head Start is an equal opportunity provider



SPRING!!!