



Medicaid Renewals - Stay Covered ND!

Starting April 1, 2023 North Dakota will begin regular Medicaid renewals for people whose coverage was temporarily extended due to the Covid-19 public health emergency to make sure they still qualify.

THIS MEANS THAT SOME MEDICAID MEMBERS MAY LOSE THEIR COVERAGE IF THEY DO NOT TAKE SIMPLE STEPS NOW.

- **CHECK YOUR MAIL** - ND Medicaid may mail you a letter about your coverage and steps to keep it, if you still qualify.
- **COMPLETE RENEWAL** - If your letter includes a renewal form, complete and return it to the Customer Support Center right away. Completing your renewal form will help us determine if you still qualify for coverage.

TAKE ACTION TODAY!!

To update your contact information or for any questions regarding your coverage, contact the Customer Support Center. You can also update your information in the Self-Service Portal (SSP) using the link below.

PHONE: Toll-Free 866-614-6005 or 711 (TTY)

EMAIL: applyforhelp@nd.gov

MAIL: P.O. Box 5562 Bismarck, ND 58506

You can also visit a human service zone office. Our zone is Roughrider North Human Service Zone (RNHSZ) -2680 Empire Rd Suite A, Dickinson, ND 58601
(701) 456-7675

Get started in the SSP

Customer Support Center is available Monday-Friday, 7am-6pm CDT.

What if I no longer qualify for Medicaid?

If you or a family member no longer qualify for Medicaid, you may be able to receive coverage through the Health Insurance Marketplace. For free application assistance from a ND Navigator, call 800-223-1737 or visit their website for more details.



We have something important to share with you!

Research* has shown that the skills your child needs to be successful in the future are social and emotional skills! The more socially skilled children are, the more likely they are to succeed in school. Because this is so important for your child, we are using the Pyramid Model in our program.

What is the Pyramid Model?

The Pyramid Model is a framework for supporting the social and emotional development of our children. The goal of the Pyramid Model is to create an environment where every child feels good about coming to school. This is accomplished by designing classrooms that promote engagement in learning and by building positive relationships among children, families, and staff. In our use of the Pyramid Model, our classroom staff will work together to ensure that all children understand behavior expectations, receive instruction in social skills, and those who are struggling receive individual support.

The Pyramid Model illustrates that the foundation for helping children develop social and emotional skills is nurturing and responsive relationships and high quality environments. The middle of the Pyramid, teaching of social and emotional skills, is provided to all children with some children receiving additional teaching and support. The top of the Pyramid shows that a few children will need the foundation, the middle AND individualized intervention to address challenging behavior.

To use the Pyramid Model, our program established a leadership team that will provide ongoing support to our staff and families. Our leadership team looks forward to sharing some of the important work we are doing, including teaching program-wide expectations, partnering with families, training staff in teaching strategies, providing classroom coaching to help teachers implement, and using data for decision-making. Stay tuned for ongoing updates about the Pyramid Model in our program!

*Jones, D.E. Greenberg, M., & Crowley M. (2015). Early social-emotional functioning and public health; the relationship between kindergarten social competence and future wellness. *American Journal of Public Health*. 105.2283-2290

FAMILIES

- Receive information on how to help promote children's social and emotional skills
- Team with teachers to help children grow and learn
- Receive support for preventing and addressing behavior problems

TEACHERS

- Are effective in helping children learn social and emotional skills
- Strengthen classroom management skills
- Have information and sources to support families

CHILDREN

- Increase their social and emotional skills
- Improve in their readiness for kindergarten

Medicaid Members: Update your contact information!



ND Medicaid may need to contact you to see if you still qualify for coverage. Enrolling in Medicaid positively affects you and your community. Here are **THREE** actions you need to take to prepare.



Make sure your contact information is correct.



Check your mail.



Complete your renewal form (if you get one).

To update your contact information or for questions, contact the Customer Support Center:

- Toll-free: 866-614-6005, 711 (TTY)
- Email: applyforhelp@nd.gov

If you no longer qualify for Medicaid, ND Navigators can help you find a plan on the federal Health Insurance Marketplace. Visit www.ndcpd.org/NDNavigator or call 1-800-233-1737.



Learn more or visit
hhs.nd.gov/StayCoveredND



#StayCoveredND

NORTH
Dakota | Health & Human Services
Be Legendary

Easter Egg Pool Hunt - FREE

April 2 @ 12:00 pm - 2:00 pm

Hunt for Easter Eggs in the [WRCC Pool](#)! Plastic eggs will be floating and some will be sinking in the pool. Children ages 2-12 are invited to collect the eggs and exchange them for prizes.

SESSIONS:

- 12:00-12:20 pm
- 12:30-12:50 pm
- 1:00-1:20 pm
- 1:30-1:50 pm



HERE'S WHAT YOU NEED TO KNOW:

- Children must be accompanied by a parent or guardian.
- Choose one session to attend with your children.
- Sessions will have limited group sizes.
- Children will be divided into 4 age groups each session (Ages 2-3; 4-6; 7-9; 10-12)
- Empty plastic eggs will be dropped in the pool at different depths according to age.
- Lifejackets are required if your child is not able to swim.
- Baskets will be provided for collecting eggs.
- Once the basket is filled with eggs children will exchange them for a prize.
- We encourage you to bring your child with their swimsuit on underneath their clothing if possible.
- Please bring a towel.
- Locker rooms will be available before and after each session.
- Swim diapers are required for all children that are not potty trained.

This event is sponsored in part by [Benedictine Living Community](#)

2023 Badlands Shrine Circus April 16th and 17th

2023 Shrine Circus - Dickinson North Dakota

About this Event

Join us for the 60th Annual Shrine Circus
on April 16th and April 17th, 2023



Location:

1865 Empire Rd, 1865 Empire Road, Dickinson, United States

A single ticket entitles you to join us for one
of the four performances of your choice.

Show times are:

Saturday, April 16th at 12:01 pm, 3:30 pm, and 7:00 pm

Sunday, April 17th at 6:30 pm

PLEASE NOTE: All sales during the Shrine Circus, such as concessions and souvenirs, are cash only.
ATM will be available in the lobby.

April 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5 Rhame Socialization 10am-1pm	6 EHS Closed for Professional Development	7 EHS Closed	8
9	10 EHS Closed	11	12 Policy Council 3- 4pm	13	14 Socialization 10- 11:30am	15
16	17	18	19 Rhame Socialization 10am-1pm	20 Dental Day	21 EHS Closed All Staff Meeting	22
23	24	25	26	27	28 Socialization 10- 11:30am	29
30	1	Notes				



April 2023 Breakfast, Lunch and Snack Menu



<p>3 Breakfast: Rice Krispies, Peaches, Milk Lunch: Turkey, WG Bun, Broccoli, Pears, Milk Snack: WG Chex Mix, Applesauce</p>	<p>4 Breakfast: Yogurt, Berries, Milk Lunch: Popcorn Chicken, Mashed Potatoes, Corn, WG Bread/Butter, Milk Snack: Cheddar Cheese Stick</p>	<p>5 Breakfast: WG Pancakes, Applesauce, Milk Lunch: WG Pasta, Meatballs & Sauce, Green Beans, Peaches, Milk Snack: Yogurt, Mixed Fruit</p>	<p>6 EHS Closed</p>	<p>7 EHS Closed</p>
<p>10 EHS Closed</p>	<p>11 Breakfast: WG Muffin, Mandarin Oranges, Milk Lunch: Sunbutter/Jelly, WG Bread, Carrots/Ranch, Fruit Cocktail, Milk Snack: Apple Slices, Cheesestick</p>	<p>12 Breakfast: Corn Flakes, Pears, Milk Lunch: Chicken Patty, WG Bun, Cucumber, Pineapple, Milk Snack: Pretzels, Yogurt</p>	<p>13 Breakfast: WG Waffle, Applesauce, Milk Lunch: Meatballs/Gravy, Mashed Potatoes, Green Beans, WG Bread/Butter, Milk Snack: WG Muffin, Milk</p>	<p>14 Breakfast: Yogurt, Peaches, Milk Lunch: WG Mac & Cheese, Peas, Mixed Fruit, Milk Snack: WG Goldfish, Pears</p>
<p>17 Breakfast: Cheerios, Peaches, Milk Lunch: Ham & Cheese, WG Bun, Pears, Pears, Milk Snack: Sunbutter Graham Crackers, Milk</p>	<p>18 Breakfast: Yogurt, Pineapples,, Milk Lunch: Sloppy Joe, WG Bun, Corn, Pears, Milk Snack: Cheesestick, Crackers</p>	<p>19 Breakfast: WG Waffle, Applesauce, Milk Lunch: Popcorn Chicken, Brown Rice, Carrots, Peaches, Milk Snack: WG Muffin, Milk</p>	<p>20 Breakfast: Corn Chex, Mandarin Oranges, Milk Lunch: Pizza Casserole WG, Green Beans, Pears, Milk Snack: Yogurt, Mixed Fruit</p>	<p>21 EHS Closed</p>
<p>24 Breakfast: Corn Flakes, Pears, Milk Lunch: WG Bread, Sunbutter and Jelly, Peas, Apple Slices, Milk Snack: WG Goldfish, Mixed Fruit</p>	<p>25 Breakfast: WG Muffin, Applesauce, Milk Lunch: Beef/Bean Chili, Crackers, Corn, Peaches, Milk Snack: WG Chex Mix, Pears</p>	<p>26 Breakfast: Rice Krispies, Banana, Milk Lunch: Chicken Patty, WG Bun, Broccoli, Pineappl, Milk Snack: Pretzels, Peaches</p>	<p>27 Breakfast: WG Pancakes, Pears, Milk Lunch: Beef Ravioli/Sauce, Cucumbers, WG Breadstick, Fruit Cocktail, Milk Snack: Cereal, Milk</p>	<p>28 Breakfast: Cheerios, Mixed Fruit, Milk Lunch: Meatballs/Gravy, Mashed Potatoes, Green Beans, WG Bread/ Butter, Milk Snack: Cheese, Crackers</p>
		<p style="text-align: center;">Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change.</p> <p style="text-align: center;">"Head Start/Early Head Start is an equal opportunity provider."</p>		