



April 2023 Breakfast, Lunch and Snack Menu



3	<p>Breakfast: Rice Krispies, Peaches, Milk</p> <p>Lunch: Turkey, WG Bun, Broccoli, Pears, Milk</p> <p>Snack: WG Chex Mix, Applesauce</p>	4	<p>Breakfast: Yogurt, Berries, Milk</p> <p>Lunch: Popcorn Chicken, Mashed Potatoes, Corn, WG Bread/Butter, Milk</p> <p>Snack: Cheddar Cheese Stick</p>	5	<p>Breakfast: WG Pancakes, Applesauce, Milk</p> <p>Lunch: WG Pasta, Meatballs & Sauce, Green Beans, Peaches, Milk</p> <p>Snack: Yogurt, Mixed Fruit</p>	EHS Closed	EHS Closed		
EHS Closed	10	11	<p>Breakfast: WG Muffin, Mandarin Oranges, Milk</p> <p>Lunch: Sunbutter/Jelly, WG Bread, Carrots/Ranch, Fruit Cocktail, Milk</p> <p>Snack: Apple Slices, Cheesestick</p>	12	<p>Breakfast: Corn Flakes, Pears, Milk</p> <p>Lunch: Chicken Patty, WG Bun, Cucumber, Pineapple, Milk</p> <p>Snack: Pretzels, Yogurt</p>	13	<p>Breakfast: WG Waffle, Applesauce, Milk</p> <p>Lunch: Meatballs/Gravy, Mashed Potatoes, Green Beans, WG Bread/Butter, Milk</p> <p>Snack: WG Muffin, Milk</p>	14	<p>Breakfast: Yogurt, Peaches, Milk</p> <p>Lunch: WG Mac & Cheese, Peas, Mixed Fruit, Milk</p> <p>Snack: WG Goldfish, Pears</p>
17	<p>Breakfast: Cheerios, Peaches, Milk</p> <p>Lunch: Ham & Cheese, WG Bun, Pears, Pears, Milk</p> <p>Snack: Sunbutter Graham Crackers, Milk</p>	18	<p>Breakfast: Yogurt, Pineapples,, Milk</p> <p>Lunch: Sloppy Joe, WG Bun, Corn, Pears, Milk</p> <p>Snack: Cheesestick, Crackers</p>	19	<p>Breakfast: WG Waffle, Applesauce, Milk</p> <p>Lunch: Popcorn Chicken, Brown Rice, Carrots, Peaches, Milk</p> <p>Snack: WG Muffin, Milk</p>	20	<p>Breakfast: Corn Chex, Mandarin Oranges, Milk</p> <p>Lunch: Pizza Casserole WG, Green Beans, Pears, Milk</p> <p>Snack: Yogurt, Mixed Fruit</p>	EHS Closed	
24	<p>Breakfast: Corn Flakes, Pears, Milk</p> <p>Lunch: WG Bread, Sunbutter and Jelly, Peas, Apple Slices, Milk</p> <p>Snack: WG Goldfish, Mixed Fruit</p>	25	<p>Breakfast: WG Muffin, Applesauce, Milk</p> <p>Lunch: Beef/Bean Chili, Crackers, Corn, Peaches, Milk</p> <p>Snack: WG Chex Mix, Pears</p>	26	<p>Breakfast: Rice Krispies, Banana, Milk</p> <p>Lunch: Chicken Patty, WG Bun, Broccoli, Pineappl , Milk</p> <p>Snack: Pretzels, Peaches</p>	27	<p>Breakfast: WG Pancakes, Pears, Milk</p> <p>Lunch: Beef Ravioli/Sauce, Cucumbers, WG Breadstick, Fruit Cocktail, Milk</p> <p>Snack: Cereal, Milk</p>	28	<p>Breakfast: Cheerios, Mixed Fruit, Milk</p> <p>Lunch: Meatballs/Gravy, Mashed Potatoes, Green Beans, WG Bread/ Butter, Milk</p> <p>Snack: Cheese, Crackers</p>
				<p>Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change.</p> <p>"Head Start/Early Head Start is an equal opportunity provider."</p>					