



FEBRUARY 2023 MENU

Monday	Tuesday	Wednesday	Thursday
		1	2
		<u>Breakfast</u> Waffles Pears <u>Lunch</u> Popcorn Chicken Mashed Potatoes Green Beans/Bread <u>Snack</u> Muffins	<u>Breakfast</u> Oatmeal Bananas <u>Lunch</u> Cheeseburgers/Bun Cucumbers Peaches <u>Snack</u> Goldfish/Applesauce
6	7	8	9
<u>Breakfast</u> Rice Krispies Peaches <u>Lunch</u> Ham/Bun Peas Fruit Cocktail <u>Snack</u> Chex Mix/Mandarin Oranges	<u>Breakfast</u> Yogurt Pineapple <u>Lunch</u> Chicken Patties/Bun Carrots Pears <u>Snack</u> Cereal	<u>Breakfast</u> Pancake Bites Turkey Sausage/Applesauce <u>Lunch</u> Pasta/Meatballs/Sauce Green Beans Peaches <u>Snack</u> Goldfish/Cheese Sticks	<u>Breakfast</u> Corn Chex Mandarin Oranges <u>Lunch</u> Beef/Bean Chili/Crackers Corn Fruit Cocktail <u>Snack</u> Muffins/Applesauce
13	14	15	16
<u>No School</u> <u>Home Visits</u>	<u>No School</u> <u>Home Visits</u>	<u>No School</u> <u>Home Visits</u>	<u>No School</u> <u>Home Visits</u>
20	21	22	23
CLOSED	<u>Breakfast</u> Yogurt Peaches <u>Lunch</u> Cheeseburgers/Bun Carrots Fruit Cocktail <u>Snack</u> Cereal	<u>Breakfast</u> Oatmeal Pears <u>Lunch</u> Fish Nuggets Mashed Potatoes Peas/Bread <u>Snack</u> Cheez Its/Cheese Sticks	<u>Breakfast</u> Waffles Applesauce <u>Lunch</u> Sweet/Sour Chicken Brown Rice Broccoli/Peaches <u>Snack</u> Yogurt/Pineapple
27	28		
<u>Breakfast</u> Cheerios Peaches <u>Lunch</u> Ham/Bun Peas Pears <u>Snack</u> Chex Mix/Applesauce	<u>Breakfast</u> Muffins Pineapple <u>Lunch</u> Chicken Patties/Bun Cucumbers Fruit Cocktail <u>Snack</u> Graham Crackers		

All meals served with milk and water

All bread/grain is whole grain

All meals are subject to change

Head Start/Early Head Start is an equal opportunity provider