

Health Tracks/Well-Child Checks

PREVENTIVE HEALTH CARE FOR CHILDREN AND YOUNG ADULTS THROUGH AGE 20

Health Tracks benefits may be available to Medicaid members at no charge

Health Tracks/Well-Child Check benefits may cover:

- Physical exams
- Hearing and vision checks
- Glasses and hearing aids
- Vaccines (shots) and labs
- Dental care, braces, fluoride varnish
- Health education
- Behavioral health screenings
- Growth and development checks
- Nutrition counseling
- And other health services

Health Tracks/Well-Child Checks are recommended at these ages:

- Newborn
- 3-5 days old
- 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 Months
- 15 Months
- 18 Months
- 24 Months
- 30 Months
- Every year from age 3 through 20

Dental Care

- First visit - after a child's first tooth appears or by age one, or sooner, if a problem occurs
- Checkups and fluoride varnish every six months



Schedule an appointment today.

Contact your local public health unit or doctor.

Learn more at: www.hhs.nd.gov/health-tracks or call the Health Tracks Team at 701-328-2014, email htmmemberoutreach@nd.gov