

Head Start January

Snacks

Monday	Tuesday	Wednesday	Thursday
	Cheese Sticks Goldfish Crackers (3)	Broccoli w/ Ranch Milk (4)	Bananas Peanut Butter (5)
Pretzels Cheese Cubes (9)	Blueberry Muffins Milk (10)	Pears Graham Crackers (11)	Carrots w/ Ranch Ritz Crackers (12)
Peanut Butter & Jelly Sandwiches Milk (16)	Apples Peanut Butter (17)	Yogurt & Strawberries (18)	Chips & Salsa (19)
No School (23)	Oranges Cheese Sticks (24)	Summer Sausage & Cheese Crackers (25)	Cottage Cheese Peaches (26)
Apples Goldfish Crackers (30)	Yogurt Graham Crackers (31)		

Juniata Breakfast Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL CHRISTMAS BREAK	3 Muffins Toast Cereal String Cheese	4 Eggs Bacon Toast Cereal String Cheese	5 Pancakes Toast Cereal String Cheese	6 Breakfast Pizza Toast Cereal String Cheese	7
8	9 Pop Tarts Toast Cereal String Cheese	10 Breakfast Bagels Toast Cereal String Cheese	11 Ham & Cheese Omelets Toast Cereal String Cheese	12 Banana Bread Toast Cereal String Cheese	13 Biscuits & Gravy Toast Cereal String Cheese	14
15	16 Breakfast Burritos Toast Cereal String Cheese	17 French Toast Toast Cereal String Cheese	18 Doughnuts Toast Cereal String Cheese	19 Yogurt Parfaits Toast Cereal String Cheese	20 NO SCHOOL HAVE A GREAT WEEKEND!	21
22	23 NO SCHOOL PROFESSIONAL DEVELOPMENT	24 Eggs Sausage Toast Cereal String Cheese	25 Cinnamon Rolls Toast Cereal String Cheese	26 Pumpkin Loaf Cake Toast Cereal String Cheese	27 Pancake Bites Toast Cereal String Cheese	28
29	30 Muffins Toast Cereal String Cheese	31 Waffles Toast Cereal String Cheese				

Lanoy Lunch Menu

Sun	Mon	Wed	Thu	Fri	Sat	
1	2 NO SCHOOL CHRISTMAS BREAK	3 Hot Dogs W.G. Hot Dog Buns Chips Baked Beans Peaches Fresh Fruit	4 Meatballs w/Gravy Mashed Potatoes W.G. Dinner Rolls Peas Pears	5 Chili W.G. Breadsticks Mandarin Oranges Fresh Fruit	6 Taco-in-a-Bag Salad Bar Applesauce	7
8	9 Chicken Cordon Bleu Fried Rice Broccoli Pineapple	10 Sloppy Joes Potato Triangles Green Beans Tropical Fruit Fresh Fruit	11 Nachos W.G. Breadsticks California Blend Peaches	12 Hot Ham & Cheese Sandwiches Peas Mandarin Oranges Fresh Fruit	13 Pizza W.G. Breadsticks Salad Bar Pears	14
15	16 Corn dogs Chips Baked Beans Applesauce	17 Tater Tot Hotdish W.G. Dinner Rolls Corn Pineapple Fresh Fruit	18 Chicken Nuggets Mac & Cheese Peas Peaches	19 Spaghetti W.G. Breadsticks Green Beans Peaches Fresh Fruit	20 NO SCHOOL HAVE A GREAT WEEKEND!	21
22	23 NO SCHOOL PROFESSIONAL DEVELOPMENT	24 Philly Cheese Steaks Sandwiches W.G. Hoagie Buns Fajita Vegetables Tropical Fruit	25 Lasagna W.G. Breadsticks Green Beans Pears	26 Orange Chicken Rice Broccoli Mandarin Oranges Fresh Fruit	27 Chicken Tortilla Soup Salad Bar Applesauce	28
29	30 Goulash W.G. Dinner Rolls Corn Pineapple	31 Chicken Fajitas Fajita Vegetables Tropical Fruit Fresh Fruit				



Weekly NEWS

HETTINGER COUNTY HEAD START

JANUARY 5, 2023

Important Messages

- ❖ IMPORTANT REMINDER: NO SCHOOL ON MONDAY, JANUARY 23RD.
- ❖ Save the Date: Home Visits will be on Wednesday, February 15th and Thursday, February 16th. Please let me know if you have a preference for which day you would like us to come to your home for the home visit. I will be starting to schedule the home visits soon.
- ❖ The Mott/Regent Public School will be making up the snow day from Friday, December 16th on Monday, February 20th. Head Start will not be making up this snow day since it was not a child contact day in which your child was in the classroom. **NO HEAD START ON MONDAY, FEBRUARY 20TH.**
- ❖ Head Start will be making up the snow day from Wednesday, December 21st. **THERE WILL BE HEAD START ON MONDAY, APRIL 10TH.**

Standards

- Maintain focus and sustain attention with minimal adult support.
- Participate in the community of the classroom.
- Demonstrates increasing control, strength, and coordination of small muscles.
- Coordinates movements in response to beat or rhythm.
- Knows number names and the count sequence.
- Demonstrates awareness that spoken language is composed of smaller segments of sound.
- Uses perceptual information to guide motions and interactions with objects and other people.

What Are We Learning?

TUESDAY: The boys and girls explored with the unifix cubes by stacking, comparing, and measuring. During large group time, the children were introduced to rhythm sticks. First, we tried to keep a beat by tapping them together while singing the song "Twinkle Twinkle Little Star." The last time, we practiced keeping a beat by tapping the rhythm sticks on the floor while singing the song, "Twinkle Twinkle Little Star."

WEDNESDAY: Today for Small Group Time, some of the boys and girls identified numbers and used one-to-one counting to count out that number of unifix cubes. The other children took turns counting baskets of more than 10 unifix cubes using one-to-one counting and stating the last number counted. We will be sharing our observations with you at your child's home visit.

THURSDAY: The boys and girls took turns answering some rhyming questions and erasing that part of the person's body that was drawn on a dry erase board. Children were challenged to think of more words rhyming with that pair of rhyming words. Two children each chose a song for us to sing and move our bodies.

HAPPY NEW YEAR & ENJOY YOUR WEEKEND!!

KIM, IDA, STEPH