

# December Breakfast Menu

Sun      Mon      Tue      Wed      Thu      Fri      Sat

All meals are served with whole grain bread, peanut butter and jelly; 1% skim or chocolate milk.

Fresh Fruit is available on Tuesday and Thursday.

Breakfast is served with juice or milk.

**All Menus are subject to change without notice.**

4	Pancakes Toast Cereal String Cheese	5	Eggs Sausage Toast Cereal String Cheese	6	Breakfast Pizza Toast Cereal String Cheese	7	Bagels Cream Cheese Toast Cereal String Cheese	8	Ham & Cheese Omelets Toast Cereal String Cheese	9	Eggs Bacon Toast Cereal String Cheese	10	Blueberry Muffins Toast Cereal String Cheese	11	Eggs Hashbrowns Toast Cereal String Cheese	12	Biscuits & Gravy Toast Cereal String Cheese	13	Breakfast Burrito Toast Cereal String Cheese	14	French Toast Toast Cereal String Cheese	15	Yogurt Parfaits Toast Cereal String Cheese	16	Yogurt Parfaits Toast Cereal String Cheese	17	Egg Bake Bites Turkey Sausage Toast Cereal String Cheese	18	Cinnamon Rolls Toast Cereal String Cheese	19	Potato & Gravy Skillet Toast Cereal String Cheese	20	Monkey Bread Toast Cereal String Cheese	21	NO SCHOOL CHRISTMAS BREAK	22	NO SCHOOL CHRISTMAS BREAK	23	NO SCHOOL CHRISTMAS BREAK	24	NO SCHOOL CHRISTMAS BREAK	25	NO SCHOOL CHRISTMAS BREAK	26	NO SCHOOL CHRISTMAS BREAK	27	NO SCHOOL CHRISTMAS BREAK	28	NO SCHOOL CHRISTMAS BREAK	29	NO SCHOOL CHRISTMAS BREAK	30	NO SCHOOL CHRISTMAS BREAK	31	NO SCHOOL CHRISTMAS BREAK
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This institution is an equal opportunity provider.

# December Lunch Menu

Sun      Mon      Tue      Wed      Thu      Fri      Sat

All meals are served with whole grain bread, peanut butter and jelly; 1% skim or chocolate milk.

Fresh Fruit is available on Tuesday and Thursday.

Breakfast is served with juice or milk.

**All Menus are subject to change without notice.**

4	5	6	7	8	9	10
Chicken Nuggets Tater Tots W.G. Dinner Rolls Corn Peaches	Grilled Cheese Sandwich w/W.G. Bread Tomato Soup Salad Bar Tropical Fruit Fresh Fruit	Goulash Texas Toast Green Beans Pears	Tacos w/Flour Tortilla Rice Pinto Beans Salad Bar Mandarin Oranges Fresh Fruit	Meatballs w/Gravy Mashed Potatoes W.G Dinner Rolls Carrots Mandarin Oranges Fresh Fruit	Corn dogs Pretzels Baked Beans Salad Bar Applesauce	Chili Cheese Fries W.G. Breadsticks Broccoli Pineapple
11	12	13	14	15	16	17
Pizza Texas Toast Salad Bar Peaches	Beef Enchiladas w/Flour Tortillas Corn Black Beans Tropical Fruit Fresh Fruit	Ham & Potato Soup Saline Crackers Tater Tots Salad Bar Pears	Parmesan Pot Roast Sand. on Sourdough Mashed Potatoes Broccoli Mandarin Oranges Fresh Fruit	BBQ & Buffalo Wings W.G. Garlic Bread French Fries Baked Beans Applesauce	BBQ & Buffalo Wings W.G. Garlic Bread French Fries Baked Beans Applesauce	BBQ & Buffalo Wings W.G. Garlic Bread French Fries Baked Beans Applesauce
18	19	20	21	22	23	24
Chicken Burger Kaiser Bun Lettuce, Tom, Onion W.G Sun Chips Corn Peaches	Meatball Subs W.G Bun Potato Wedges Garlic Parm. Green Beans Tropical Fruit/Fr. Fruit	Chicken Bacon Ranch Casserole W.G. Dinner Rolls Corn Chips Salad Bar Pears	Chicken Quesadilla Flour Tortillas Cowboy Caviar Pinto Beans Mandarin Oranges Fresh Fruit	Chicken Quesadilla Flour Tortillas Cowboy Caviar Pinto Beans Mandarin Oranges Fresh Fruit	NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK
25	26	27	28	29	30	31
	NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK

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# December Head Start Snacks

Monday	Tuesday	Wednesday	Thursday
			1 Pears Graham Crackers
5 Tortilla Chips Salsa	6 Vanilla Yogurt Strawberries	7 Carrots/Ranch Goldfish Crackers	8 Bananas Milk
12 Oranges Cheese Sticks	13 Banana Muffin Milk	14 Broccoli/Ranch Saltine Crackers	15 Peanut butter/Jelly Sandwich
19 Apples Peanut butter	20 Goldfish Crackers Cheese Stick	21 Cottage Cheese Peaches	22 Banana Milk
	December 23 - January 2 HOLIDAY Break		
	January 3 - School Resumes		