

December 2022 Breakfast, Lunch and Snack Menu



<p>Lunch is served with Skim Milk or Whole Milk and Water. All bread/grain is whole grain. All meals are subject to change.</p> <p>"Head Start/Early Head Start is an equal opportunity provider."</p>			<p>1 Breakfast: Oatmeal, Applesauce, Milk Lunch: Chicken Patties, WG Bun, Carrots, Pears, Milk Snack: WG Muffin, Milk</p>	<p>2 EHS CLOSED</p>
<p>5 Breakfast: WG Corn Flakes, Mandarin Oranges, Milk Lunch: Turkey Sandwich on WG Bun, Broccoli, Fruit Cocktail, Milk Snack: WG Chex Mix, Cheese Stick</p>	<p>6 Breakfast: Yogurt, Peaches, WG Graham Crackers, Milk Lunch: Tater Tot Hotdish, Green Beans, WG Bread, Pineapple, Milk Snack: WG Muffin, Milk</p>	<p>7 Breakfast: Oatmeal, Pears, Milk Lunch: Popcorn Chicken, Mashed Potatoes, WG Bread Stick, Corn, Milk Snack: Fruit Cocktail, WG Crackers</p>	<p>8 Breakfast: WG Waffle, Applesauce, Milk Lunch: WG Bun, Cheeseburger, Cucumbers, Peaches, Milk Snack: Yogurt, Pineapple</p>	<p>9 EHS CLOSED HOME VISITS</p>
<p>12 Breakfast: WG Corn Flakes, Fruit Cocktail, Milk Lunch: WG Bun, Hot Ham & Cheese, Carrots, Peaches, Milk Snack: WG Cheddar Goldfish, Cheese Stick</p>	<p>13 Breakfast: WG Muffin, Mandarin Oranges, Milk Lunch: Fish Sticks, Mashed Potatoes, Pears, WG Bread Slice, Milk Snack: Yogurt, Pineapples</p>	<p>14 Breakfast: WG Cheerios, Peaches, Milk Lunch: WG Pasta, Meatballs/Sauce, Green Beans, Fruit Cocktail, Milk Snack: WG Cinnamon Grahams, Milk</p>	<p>15 Breakfast: WG French Toast Sticks, Applesauce, Milk Lunch: Sweet & Sour Chicken, WG Brown Rice, Broccoli, Pineapple, Milk Snack: WG Muffin, Mandarin Oranges</p>	<p>16 EHS CLOSED</p>
<p>19 Breakfast: WG Cheerios, Fruit Cocktail, Milk Lunch: WG Bread, Sunbutter and Jelly, Peas, Peaches, Milk Snack: WG Crackers, and Snack Cheese</p>	<p>20 Breakfast: Yogurt, Berries, WG Graham Crackers, Milk Lunch: Popcorn Chicken, Buttered WG Noodles, Carrots, Fruit Cocktail, Milk Snack: WG Muffin, Milk</p>	<p>21 Breakfast: Oatmeal, Applesauce, Milk Lunch: Hot Hamburger, Mashed Potatoes, Corn, WG Bread, Milk Snack: Fruit Cocktail, WG Crackers</p>	<p>22 Breakfast: Rice Krispies, Banana, Milk Lunch: Chicken Patty, WG Bun, Broccoli, Pears, Milk Snack: WG Goldfish, Peaches</p>	<p>23 EHS CLOSED WINTER BREAK</p>
<p>26 EHS CLOSED WINTER BREAK</p>	<p>27 EHS CLOSED WINTER BREAK</p>	<p>28 EHS CLOSED WINTER BREAK</p>	<p>29 EHS CLOSED WINTER BREAK</p>	<p>30 EHS CLOSED WINTER BREAK</p>