

October Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-----	-----	-----	-----	-----	-----	-----

	2 Crispy Chicken Sandwich W.G. Kaiser Bun Tater Tots Baked Beans Peaches	3 Taco-in-a-Bag Lettuce Salad Bar Fresh Fruit	4 Ham & Cheese Sand W.G. Croissant Bun Sun Chips Pickle Spears Peaches	5 Teriyaki Bowls Steamed Rice Broccoli Carrots Pears/Fresh Fruit	6 Pizza W.G. Garlic Bread Salad Pineapple	7
	9 Roast Beef Parm Sandwich Sourdough Bread Garlic Mashed Green Beans/Pears	10 Chicken Quesadilla Pinto Beans Corn Pineapple Fresh Fruit	12 Meatballs Rice Gravy Broccoli Mixed Fruit	13 Beef Enchiladas Spanish Rice Beans & Cheese Tropical Fruit Fresh Fruit	14 Hotdogs W.G. Hotdog Buns Chips Salad Bar Mixed Fruit	15
	16 Softshell Tacos Spanish Rice Pinto Beans Salad Bar Pineapple	17 Hamburgers W.G. Kaiser Buns Chive French Fries Baked Beans Peaches/Fresh Fruit	19 NO SCHOOL PROFESSIONAL DEVELOPMENT	20 NO SCHOOL TEACHERS CONVENTION	21 NO SCHOOL TEACHERS CONVENTION	22
	23 Grilled Ham & Cheese Sand Sourdough Bread Chips Pickle Spear/Peaches	24 Chicken Noodle Soup Texas Toast Salad Bar Mixed Fruit/Fr. Fruit	25 Roast Beef Mashed Potatoes W.G. Dinner Rolls Carrots Peas	26 Chili W.G. Bread Bowls Saltine Crackers Tropical Fruit Fresh Fruit	27 Pizza Salad Bar Buffalo Wings	28 Pizza Salad Bar Buffalo Wings
	30 Chicken Fajitas Flour Tortillas Fiesta Vegetables Beans & Cheese	31				

All meals are served with whole grain bread, peanut butter and jelly, 1% skim or chocolate milk.
 Fresh Fruit is available on Tuesday and Thursday.
 Breakfast is served with juice or milk.

All Menus are subject to change without notice.