

# November Breakfast Menu

Sun      Mon      Tue      Wed      Thu      Fri      Sat

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
6	Pancakes Toast Cereal String Cheese	Monkey Bread Toast Cereal String Cheese	1 Potato & Gravy Skillet Toast Cereal String Cheese	2 Blueberry Muffins Toast Cereal String Cheese	3 Eggs Bacon Toast Cereal String Cheese	4	5
7	Pop Tarts Toast Cereal String Cheese	8 Breakfast Pizza Toast Cereal String Cheese	9 Bagels Cream Cheese Toast Cereal String Cheese	10 Biscuits & Gravy Toast Cereal String Cheese	11 NO SCHOOL VETERANS DAY	12	13
13	NO SCHOOL PROFESSIONAL DEVELOPMENT	14 Omelets (Ham & Cheese) Toast Cereal String Cheese	15 Hashbrowns Toast Cereal String Cheese	16 Breakfast Burrito Toast Cereal String Cheese	17	18	19
20	French Toast Toast Cereal String Cheese	21 Monkey Bread Toast Cereal String Cheese	22 Cinnamon Rolls Toast Cereal String Cheese	23 NO SCHOOL THANKSGIVING BREAK	24 NO SCHOOL THANKSGIVING BREAK	25	26
27	Eggs Sausage Toast Cereal String Cheese	28 Yogurt Parfaits Toast Cereal String Cheese	29 Potato & Gravy Skillet Toast Cereal String Cheese	30			

All meals are served with whole grain bread, peanut butter and jelly; 1% skim or chocolate milk.

Fresh Fruit is available on Tuesday and Thursday.

Breakfast is served with juice or milk.

All Menus are subject to change without notice.

This institution is an equal provider.

**Sun Mon Tue Wed Thu Fri Sat**

# November Lunch Menu

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			<p><b>1</b> Chili Saltine Crackers Salad Bar Peaches Fresh Fruit</p>	<p><b>2</b> Toasted Chicken Club Sourdough Bread French Fries Green Beans Pears</p>	<p><b>3</b> Meatballs w/Gravy Mashed Potatoes W.G. Dinner Rolls Carrots Mandarin Oranges</p>	<p><b>4</b> Pizza W.G. Breadsticks Salad Bar Pineapple</p>		
			<p><b>6</b> Chicken Tortilla Soup W.G. Dinner Rolls Salad Bar Tropical Fruit</p>	<p><b>7</b> Goulash W.G. Dinner Rolls Green Beans Peaches Fresh Fruit</p>	<p><b>8</b> Ham &amp; Cheese Sandwiches Croissant Bun Pickle Spears Olives Pears</p>	<p><b>9</b> Corndogs Pretzels Baked Beans Mandarin Oranges Fresh Fruit</p>	<p><b>10</b> NO SCHOOL VETERANS DAY</p>	
			<p><b>13</b> NO SCHOOL PROFESSIONAL DEVELOPMENT</p>	<p><b>14</b> Carne Asada Burritos Spanish Rice Pinto Beans Peaches</p>	<p><b>15</b> Chicken Nuggets Mac &amp; Cheese Corn Applesauce</p>	<p><b>16</b> Turkey &amp; Gravy Mashed Potatoes W.G. Dinner Rolls Green Beans Fresh Fruit</p>	<p><b>17</b> Chicken Burger Kaiser Bun W.G. Sun Chips Baked Beans Pineapple</p>	
			<p><b>20</b> Spaghetti Texas Toast Green Beans Applesauce</p>	<p><b>21</b> Taco-in-a Bag W.G. Breadsticks Salad Bar Peaches Fresh Fruit</p>	<p><b>22</b> Ham Scalloped Potatoes W.G. Dinner Rolls Broccoli Pears</p>	<p><b>23</b> NO SCHOOL THANKSGIVING BREAK</p>	<p><b>24</b> NO SCHOOL THANKSGIVING BREAK</p>	
			<p><b>27</b> Chicken Fajitas Flour Tortillas Fiesta Blend Black Beans Mandarin Oranges</p>	<p><b>28</b> Pigs in a Blanket Croissant Buns Baked Beans Corn Peaches Fresh Fruit</p>	<p><b>29</b> Chicken Alfredo W.G. Dinner Rolls Broccoli Pears</p>	<p><b>30</b> NO SCHOOL THANKSGIVING BREAK</p>		

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# Weekly NEWS

HETTINGER COUNTY HEAD START

WEEK OF OCTOBER 24TH

## Important Messages

- ❖ **Wanted:** Clean and empty plastic containers and bottles of various shapes and sizes with matching lids/tops for a small group activity. We are also in need of funnels for a small group activity. Thank you!
- ❖ **PARENT/TEACHER CONFERENCES ON WEDNESDAY, NOVEMBER 2, 2022 AND THURSDAY, NOVEMBER 3, 2022. IF YOUR CONFERENCE IS AFTER 4:00, PLEASE USE DOOR NUMBER 2 AT THE NORTH END OF THE SCHOOL. WE WILL BE WATCHING FOR YOU TO LET YOU IN.**

## Standards

- Maintain focus and sustain attention with minimal adult support.
- Participate in the community of the classroom.
- Creates art work that depicts objects and events and/or expresses feelings, thoughts, and ideas through a variety of two-dimensional and three-dimensional processes and share about them.
- Uses perceptual information to guide motions and interactions with objects and other people.
- Make a pattern with objects
- Demonstrates awareness that spoken language is composed of smaller segments of sound.
- Asks and answers questions about a book that was read aloud.
- Demonstrates an understanding of narrative structure through storytelling/re-telling.
- Asks and answers questions about a book that was read aloud.

## What Are We Learning?

**MONDAY:** The boys and girls explored with clay. They found out that clay is a lot harder to mold compared to their soft playdoh. The clay has been added to the Art Center. For large group time, the children were introduced to the nursery rhyme, "Humpty Dumpty." After we practiced saying it a few times, the boys and girls took turns acting it out by sitting on the "wall" (wooden blocks) and falling off.

**TUESDAY:** The boys and girls created "Shape Caterpillars" with two different shapes in the same color. First, the teacher told a story by making a pattern with two shapes in the same color and then the children explored with making their own pattern. During Large Group Time, we practiced keeping a beat by patting our hands on our knees as we said the nursery rhyme "Humpty Dumpty" together. Later on we changed up the nursery rhyme to include their names.

**WEDNESDAY:** The children were introduced to the book, "Good Night Gorilla." This book allows for a lot of interaction with the boys and girls since there are very few words on each page. They boys and girls enjoyed the Scholastic book video of "Good Night Gorilla" during Large Group time.

**THURSDAY:** Each small group table looked at the book, "Good Night Gorilla." The children shared what items in the story are like real things they see or play with at home or at someone else's home. Two children chose songs for us to sing and move our bodies during Large Group Time.

Have a terrific weekend!!  
Kim, Ida, Steph