



welcome!

What we're learning...

Monday: We will be using our small muscles to draw mat man.

Tuesday:
We will be learning how to wash our hands. We will do doing a glow germ experiment.

Wednesday:
We will be exploring different ingredients as we make playdough for the classroom.

Thursday:
We will be learning about our classroom expectations. Kind hands, Kind feet, Kind Mouth.

Important Dates:

- September 20th Bike safety
Helmet fitting
- September 22nd Open house
- September 29th Dental Day

Classroom Reminders

- ~Please check folders daily
- ~On Mondays and Wednesdays we will be on the bike path. Please send your child in closed toe shoes.



Contact Information

Phone: 701-227-3010
Email: Staceyh@dickinsoncap.org
Remind: Text @shecke to 81010

Fine Motor Development

Two Years

- Towers 8 one-inch blocks
- Imitates a train of 2-4 blocks
- Holds a thick crayon in the palm
- Imitates & copies a vertical line
- Imitates a horizontal line
- Hand preference usually obvious
- Does 3-piece puzzle of something familiar
- Undresses mostly independently
- Unbuttons large button
- Turns pages singly
- Opens a door (turns door knob)
- Screws and unscrews a jar lid
- Threads shoelace through large hole



Three Years

- Towers 9 one-inch blocks
- Grasps marker with thumb, index and middle fingers
- Copies horizontal line & circle
- Colors picture in general area
- Draws a simple design with some recognizable features
- Completes 4-5 piece puzzles
- Dresses self including medium-sized buttons
- Cuts paper in half
- Strings 12 small beads easily
- Finds objects in sand without looking
- Enjoys finger paint, paste, clay, etc.
- Does finger play while singing little songs



Four Years

- Towers 10 one-inch blocks
- Builds various 5-6 block structures (e.g. stairs)
- Holds a pencil in adult fashion; dynamic tripod grasp
- Copies a ladder Copies a ladder, +, /, |, □, ×
- Colors within ¼" of the line
- Draws a recognizable person (head, extremities)
- Completes larger puzzles with logical division (e.g. person, animal)
- Manages fasteners with occasional help (snaps, large buttons, zippers)
- Cuts within ¼" of a large circle
- Imitates movements in hand games e.g. Eensy Weensy Spider
- Pours milk from small pitcher
- Threads small beads with a needle
- Traces own hand



Five Years

- Towers 13 one-inch blocks
- Copies triangle & asterisk
- Wants to write
- Prints own name, some words and numbers to 5
- Reversals common
- Large variable sized letters
- May write right to left
- Little awareness or control over spacing
- Draws a person with 6 parts
- Imitates 6-block designs (e.g. steps, mountain)
- Completes 6-12 piece puzzles
- Manages clothing fasteners independently
- Cuts well with scissors
- Paper manipulated with fingers and wrist of assisting hand to cut complex shapes



move . play . grow

For more information please contact:

POITS (Pediatric Occupational Therapy Services, L.L.C.)

1415 Queen Anne Road, Teaneck, NJ 07666 Phone: 201-837-9993 Fax: 201-837-9465 E-mail: office@poits.com Web-site: www.poits.com