

September Breakfast Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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All meals are served with whole grain bread, peanut butter and jelly; 1% skim or chocolate milk.

Fresh Fruit is available on Tuesday and Thursday.

Breakfast is served with juice or milk.

All Menus are subject to change without notice.

4	5	6	7	8	9	10
	NO SCHOOL LABOR DAY	Cinnamon Rolls Toast Cereal String Cheese	Eggs Sausage Toast Cereal String Cheese	Monkey Bread Toast Cereal String Cheese	Potato & Gravy Skillet Toast Cereal String Cheese	
11	12	13	14	15	16	17
Blueberry Muffins Toast Cereal String Cheese	Eggs Bacon Toast Cereal String Cheese	Pancakes Sausage Toast Cereal String Cheese	Pop Tarts Toast Cereal String Cheese	Breakfast Pizza Toast Cereal String Cheese		
18	19	20	21	22	23	24
Bagels Cream Cheese Sausage Toast Cereal	Omelets - Ham & Cheese Toast Cereal String Cheese	Eggs Hash Browns Toast Cereal String Cheese	Biscuits & Gravy Toast Cereal String Cheese	NO SCHOOL P/T CONFERENCE COMP DAY		
25	26	27	28	29	30	
Breakfast Burrito Toast Cereal String Cheese	French Toast Toast Cereal String Cheese	Cream Cheese Croissants Toast Cereal String Cheese	Yogurt Parfait Toast Cereal String Cheese	Cinnamon Rolls Toast Cereal String Cheese		

This institution is an equal provider.

September Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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All meals are served with whole grain bread, peanut butter and jelly; 1% skim or chocolate milk.

Fresh Fruit is available on Tuesday and Thursday.

Breakfast is served with juice or milk.

All Menus are subject to change without notice.

4	5	6	7	8	9	10
	NO SCHOOL LABOR DAY	Goulash W.G. Dinner Rolls Salad Bar Green Beans Peaches Fresh Fruit	Chilli Cheese Dogs Mac & Cheese Corn Fresh Fruit Yogurt	Beef Stroganoff W.G. Breadsticks Peas & Carrots Fruit Salad	Pizza W.G. Garlic Bread Salad Bar Applesauce	
11	12	13	14	15	16	17
Grilled Hamburger W.G. Buns Sweet Potato Fries Baked Beans Pineapple	Ham Steaks Scalloped Potatoes W.G. Dinner Rolls Cheesy Broccoli Fresh Fruit	Meatloaf Mashed Potatoes w/Gravy W.G. Breadsticks Green Beans Peaches	Chicken Nuggets Mac & Cheese Corn Applesauce	Chicken Nuggets Mac & Cheese Corn Applesauce	Nachos W.G. Tortilla Chips Corn & Black Beans Pears	
18	19	20	21	22	23	24
Orange Chicken Fried Rice Peas & Carrots Mixed Fruit	Roast Beef Baby Baker Potatoes W.G. Dinner Rolls Carrots Fresh Fruit	Grilled Ham & Cheese W.G. Sun Chips Pickle Spears Broccoli Pineapple/Yogurt	Chicken Tortilla Salad W.G. Bread Bowls Salad Bar Corn Pears	Chicken Tortilla Salad W.G. Bread Bowls Salad Bar Corn Pears	NO SCHOOL P/T CONFERENCE COMP DAY	
25	26	27	28	29	30	
Carne Asada Burritos W.G. Brown Rice Pinto Beans Fresh Fruit	Chicken Fried Steak Mashed Potatoes w/Country Gravy Green Beans Peaches	Chicken N' Dumplings W.G. Dinner Rolls Carrot/Celery Mix Apple Slices Yogurt	Pigs in a Blanket W.G. Croissants Honey Baked Beans Sweet Potato Fries Pears	Pigs in a Blanket W.G. Croissants Honey Baked Beans Sweet Potato Fries Pears	Chicken Alfredo W.G. Dinner Rolls Broccoli & Carrots Mixed Fruit	

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Head Start

August / September

Snacks

		August		September	
Monday	Tuesday	Wednesday	Thursday	Friday	
		Goldfish Crackers Cheese Sticks <div style="text-align: right;">(3)</div>	Bananas <div style="text-align: right;">(1)</div>	Carrots w/ Ranch crackers <div style="text-align: right;">(2)</div>	
No School <div style="text-align: right;">(5)</div>	Cottage Cheese Peaches <div style="text-align: right;">(6)</div>	Peanut Butter $\frac{1}{2}$ Jelly Sandwiches Milk <div style="text-align: right;">(7)</div>	Yogurt $\frac{1}{2}$ Strawberries <div style="text-align: right;">(8)</div>		
Apples Peanut Butter <div style="text-align: right;">(12)</div>	Cucumbers w/ Ranch Goldfish Crackers <div style="text-align: right;">(13)</div>	Pretzels Cheese Cubes <div style="text-align: right;">(14)</div>	Pears Graham Crackers <div style="text-align: right;">(15)</div>		
Broccoli w/ Ranch Milk <div style="text-align: right;">(19)</div>	Oranges Cheese Sticks <div style="text-align: right;">(20)</div>	Blueberry Muffins Milk <div style="text-align: right;">(21)</div>	Apples Goldfish Crackers <div style="text-align: right;">(22)</div>		
Chips $\frac{1}{2}$ Salsa Milk <div style="text-align: right;">(26)</div>	Bananas Peanut Butter <div style="text-align: right;">(27)</div>	Meat $\frac{1}{2}$ Cheese Tray Ritz Crackers <div style="text-align: right;">(28)</div>	Yogurt Graham Crackers <div style="text-align: right;">(29)</div>		