



October 7 – Socialization

October 14 - Socialization

October 20 & 21 No School, closed for Professional Development.

October 28 No School, Closed for All Staff Training

0-3 years Activities

Games and activities

1. Sing together

Children enjoy exploring and experimenting with language and it helps them to learn new words and their meanings and also to listen to the sounds that make those words. So sing, rhyme, shout, whisper, rap and dance to the beat!

2. Painting and drawing

Give your child lots of opportunities to draw and paint. This is not only fun, but also can help to develop eye-hand coordination and control.

Let them experiment with lots of different materials – paint brushes with a range of widths, pencils, crayons, chalks and finger paint. You could try playing music when they paint and draw as this can help to create a relaxing environment.

3. Hands-on games

- Use modelling clay to get creative and develop fine motor skills.

- Threading beads, macaroni or cotton reels on wool or string can help with eye-hand co-ordination and control.
- Joining the dots and drawing paths through simple mazes are not only fun but are a great way to develop eye-hand coordination and pen control.
- Enjoy jigsaws together and chat about finding the right pieces!

4. Reading books of all kinds together

Have fun reading books of all kinds to your child: picture, words and pictures, pop up, information and poetry.

5. Talk about numbers around you

It's never too early to explore numbers with your child. Numbers are all around us, from calendars to the remote control, the telephone to car registration plates. Try pointing out numbers when you're out and about – on front doors, signs, the front of buses and train platforms. Talking about numbers around you early and often will help your child to recognize numerals and show them that numbers are part of everyday life.



Car Seat Check-up Event

Thursday, October 6 -
Sax Motor Company: 52
21st St. East



Name: Saturday Morning Cartoons (All ages)

Date: October 8, 2022

Time: 9:30 AM - 10:30 AM MDT

Event Description:

Re-live your childhood with Saturday Morning Cartoons! Throw on your favorite pajamas and we'll provide the cereal! We'll be watching cartoons, mostly from the '90s. All ages welcome. A 1-hour event. Children 6 and under must be accompanied by an adult parent or guardian at all times!

Location: Dickinson Area Public Library

Contact Information: Jade Praus 701-456-7826

ICE SCREAM

Halloween Party

Saturday, October 29, 7:00pm -
9:00pm Location

[West River Ice Center](#)

HAPPY HALLOWEEN! Come on out dressed in your best costume and skate to a live DJ! Free food and refreshments will be available (while supplies last). We'll have door prizes, a photo booth and contests during the event. All ages welcome, family friendly! FEE: Free admission with \$2 skate rental (skate sizes and availability are limited, FIRST COME, FIRST SERVE!



Trick or Trunk

OCTOBER 31, 2022

4:00PM TO 6:00PM

- **(701) 483-4988**
First Street E. and First Avenue W.,
Dickinson, ND 58601

Bring your family downtown for a fun, safe, and unique trick-or-treating experience. Costumes and spirited decorations are encouraged. The street will be filled with candy and kids, join us.

West Dakota Parent & Family Resource Center
Bond with Your Baby

Bond with your Baby

BIRTH TO 18 MONTHS

using board books and beyond!

West Dakota Parent & Family Resource Center
-North side of Hagen Building (Door 3)

2022 Fall Sessions
(choose one that works for you)

September 17
October 22
November 19

9-10 AM
Muffins and juice provided!

Call to Register:
701-290-8261
Space is limited.



Fire Safety Procedures for Children

Make an [escape plan](#)

It is important to have a plan when there are children in your home. Children sometimes need help getting out of the house. They may not know how to escape or what to do unless an adult shows them.

- **Have a plan for young children who cannot get outside by themselves.** You will need to wake babies and very young children and help them get out. In your plan, talk about who will help each child get out safely.
- **It is important to find two ways out of every room in your home,** in case

one exit is blocked or dangerous to use.

- **Choose a meeting place outside your home.** Children should know what to do when they hear a smoke alarm and there is no adult around. Help them practice going to the outside meeting place. Teach them to never go back inside a building that is on fire.

Keep children safe from fire and burns

Some children are curious about fire. There are simple steps you can take to keep you and the people you love safer from fire and burns.

- **Keep children 3 feet away from anything that can get hot.** Space heaters and stove-tops can cause terrible burns. Keep children at least 3 feet away from stoves, heaters or anything that gets hot.
- **Keep smoking materials locked up in a high place.** Never leave cigarette lighters or matches where children can reach them.
- **Never play with lighters or matches when you are with your children.** Children may try to do the same things they see you do.



When immediate evacuation is necessary, [follow these steps](#) as soon as possible!

1. Review your [Evacuation Plan Checklist](#).
2. Ensure your [Emergency Supply Kit/Evacuation Bag](#) is in your vehicle.
3. Cover-up to protect against heat and flying embers. Wear long pants, long sleeve shirt, heavy shoes/boots, cap, dry bandanna for face cover, goggles or glasses. 100% cotton is preferable.
4. Locate your pets and take them with you.
5. Put together your emergency supply kit long before a wildfire or other disaster occurs and keep it easily accessible so you can take it with you when you have to evacuate. Plan to be away from your home for an extended period of time. Each person should have a readily accessible emergency supply kit. Backpacks work great for storing these items (except food and water) and are quick to grab. Storing

food and water in a tub or chest on wheels will make it easier to transport. Keep it light enough to be able to lift it into your car. **Ensure you plan with COVID-19 in mind.**

Emergency Supply Kit Checklist



- Face masks or coverings
- Three-day supply of non-perishable food and three gallons of water per person
- Map marked with at least two evacuation routes
- Prescriptions or special medications
- Change of clothing
- Extra eyeglasses or contact lenses
- An extra set of car keys, credit cards, cash or traveler's checks
- First aid kit
- Flashlight
- Battery-powered radio and extra batteries
- Sanitation supplies
- Copies of important documents (birth certificates, passports, etc.)
- Don't forget pet food and water!