

# EHS JULY NEWSLETTER

June 30 EHS Closed to parents  
for Professional Development

July 1-5 EHS CLOSED

July 22 EHS Closed to parents  
for Professional Development



## THANK YOU!

Thank you to all children and their families for an amazing 2021-2022 program year! For those families with a child going off to Head Start or another preschool option – I wish you all the luck in the upcoming school year! If you are enrolled in Head Start, please pay attention to any registration information that will be coming for the upcoming program year. For those staying, I can't wait to continue to watch your child grow!! New program year registration will be held the end of August – watch for any phone calls to schedule these.

~Jennifer, HS/EHS Director



**Date:** July 14, 2022

**Time:** 12:00 PM - 7:00 PM

### FREE EVENT

Have fun with the West River Community Center's Outdoor Pool! There will be music, door prizes and fresh food-don't forget your water toys and pool floaties! Bring the whole family to this fun summer event.

## Tuesday Night Bandshell FREE Concert Schedule

- June 29th: Dakota Jazz
- July 6th: Queen City Band
- July 13th: MJB
- July 20th: South Dakota Fiddlers
- July 27th: Alexis Bachler
- August 3rd: Rusty Nails Band
- August 10th: The Waddington Brothers
- August 17th: Paul Family Bluegrass
- August 24th: If Music Be the Food Benefit Concert



# Tips for Helping Your Children Cooperate

Below are ways you can help your child experience the rewards and develop the skill of cooperating.



## Take turns.

Between 6 and 9 months, babies can begin to engage in back-and-forth interactions. They also learn to imitate. This is a great time to encourage turn-taking as you play with your baby. When you place a block in the bucket, give him time to copy you. Take turns putting objects in the bucket and dumping them out. As he gets older, take turns putting pieces in the puzzle, or shapes in the shape-sorter. When it's time to clean up, make a game of taking turns placing toys back on the shelf. These experiences are opportunities for him to feel the pleasure of accomplishing something as a team.

## Explain your reasons for limits and requests.

At three years old, most children use and understand language well enough to handle simple explanations. Point out how rules benefit the whole family. "We all help clean up. Then we don't lose our toys and we can find them again." "When you help me put away the laundry, I finish quicker and then we can play."

## Take time to problem-solve.

You can help your older two- and three-year-olds come up with solutions to everyday dilemmas and encourage cooperation at the same time. Here are steps to try to help you teach problem-solving skills to your child:

- State the problem. "You want to draw on the wall but mommy says no."
- Ask a question. "Where else could you draw?"
- Try a solution. Offer two options, both of which are acceptable to you—perhaps either paper or a cardboard box. If she insists she wants to draw on the refrigerator, set a limit. "I'll put the crayons away until we agree on a place to draw."
- Then re-direct. Most young children need help finding acceptable ways they can channel their desires. "You can put magnetic letters on the refrigerator."



Each July, several mental health organizations across the country shed light on the multitude of mental health experiences within communities of color, including Black and Indigenous people, and others that face disproportionate inequities due to systemic barriers and historical adversity.

Inspire others to raise awareness and take part in sharing information, resources and support for the mental health of minority communities.