

# EHS JUNE NEWSLETTER



June 9 EHS Closed to parents  
for Professional Development

June 10 EHS closed to parents  
for Home Visits

June 30 closed to parents for  
Professional Development

We are happy to share that we will be opening the EHS center back up to parents/guardians on Wednesday, June 1, 2022!! This means you can come into the center to drop off and pick up your child(ren). We have missed you!! Here is our plan:

## **DROP OFF**

- When you enter the building, you MUST stop at the front desk. You will grab a Parent Lanyard – this shows the classroom staff that you have checked in at the front.
- You will walk with your child down to their classroom. Only ONE parent of the child is allowed down in the classroom at a time. This includes other children or visitors that are with you as well. There will be things to play with at the front, and our front office person will look after your other child.
- Please follow specific classroom policies when your child arrives in the morning/for the day.
- When you leave the building, please give your lanyard back to the front desk.

## **PICK UP**

- When you enter the building, you again MUST stop at the front to grab your lanyard. If the individual picking up is an authorized adult, they MUST stop at the front, sign in, and grab a visitor lanyard.
  - Authorized pick up individuals must be on your child's Emergency Card and must be over the age of 16.
- Again, only one parent/or visitor per child is allowed in the classroom. Other visitors or children will be asked to stay at the front.
- When you leave the building, please give your lanyard back to the front desk.

Any authorized adult that will be picking up or dropping off your child that is not you as the parent/guardian, will be asked to sign in at the front. They will sign in the time they enter, grab a visitor lanyard, and then sign out on their way out of the building. Please share this information with the others you have authorized to pick up your child.

~Jennifer, HS/EHS Director



# Fact Sheet: Helping Families Find Formula During the Infant Formula Shortage

View in Spanish: [HOJA INFORMATIVA: Ayudando a familias a encontrar leche de fórmula durante la escasez de leche infantil](#)

To address infant formula shortages in the wake of Abbott Nutrition's voluntary recall of certain powdered infant formulas, the Biden-Harris Administration is working to ensure that infant formula is safe and available for families across the country. Yesterday, President Biden spoke with retailers and manufacturers, including Walmart, Target, Reckitt, and Gerber, to discuss ways to get more formula quickly and safely onto store shelves. He also announced a [series of actions](#), including cutting red tape on the types of formula parents can buy, calling on the Federal Trade Commission and state attorneys general to crack down on price gouging and unfair market practices, and increasing the supply of formula through increased imports.

Thanks to these efforts, manufacturers have ramped up production 30-50 percent, bringing total production today above pre-recall levels with a different mix of products and sizes now available in the market. Still, it's clear that too many families continue to encounter challenges obtaining infant formula—especially families of about 5,000 infants as well as some older children and adults with rare metabolic diseases that depend on specialty formulas.

If you are unable to readily find formula, please consult the following resources that may be able to assist:

## Manufacturer Hotlines

- Gerber's [MyGerber Baby Expert](#) : reach a certified nutrition or lactation consultant by phone, text, Facebook Messenger, web chat, or video call, who can help you identify a similar formula that may be more readily available
- Abbott's Consumer Hotline: call 1-800-986-8540
- Abbott's urgent [product request line](#) : ask your OBGYN or your infant's pediatrician to submit an urgent product request by [downloading and completing the form - PDF](#) 
- Reckitt's Customer Service line: call 1-800 BABY-123 (222-9123)

## Community Resources

- [Locate your nearest Community Action Agency \(CAA\)](#) . Your neighborhood CAA may be able to provide you with formula or connect you with local agencies that have formula in stock.
- United Way's [2-1-1](#) : dial 2-1-1 to be connected to a community resource specialist affiliated with United Way who may be able to help you identify food pantries and other charitable sources of local infant formula and baby food.
- [Feeding America](#) : call your local food bank to ask whether they have infant formula and other supplies in stock.
- [Human Milk Banking Association of North America](#)  (HMBANA): certain HMBANA-accredited milk banks are distributing donated breast milk to mothers in need; please note that some may require a prescription from a medical professional. Find an HMBANA-[accredited milk bank](#) .

## WIC-Eligible Families

- Contact your [local WIC](#)  office to identify or obtain additional sources of infant formula nearby.

## General Guidance

- Call your OBGYN or pediatrician to see if they have in-office samples or can suggest a similar formula that may be more readily available in stores and is nutritionally similar to your infant's typical formula.
- You should **not** water down formula, try to make formula at home, or use toddler formula to feed infants. Don't discard formula unless it is expired or is part of the recall. Check your formula's [lot code](#) to see whether or not it was affected by the recall.
- You can find more guidance from the [American Academy of Pediatrics](#).

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## June is: **NATIONAL SAFETY MONTH**

### *A Message About Safety*

We at Early Head Start feel very strongly about you and your child's safety. Therefore, please read the following information carefully.

1. **ALWAYS** talk to your child about safety so they know what the expectations are and so they understand and learn what safety is.
2. **ALWAYS** use the crosswalk; never walk between vehicles. Prepare your child ahead of time; before getting out of the car and/or before leaving the building.
3. **ALWAYS** hold your child's hand when crossing the street. You can say to your child, *"the rule is that you must hold my hand when we cross the street so you stay safe."*
4. **ALWAYS** look left-right-left for traffic before you cross the street.
5. **ALWAYS** praise him/her for copying your safe actions.
6. **NEVER** let your child out of your reach or run ahead of you. You can say to your child, *"the rule is that you cannot run off ahead of me, you must hold my hand to stay safe."*
7. **ALWAYS** unload children from a vehicle in the parking lot, if possible.
8. **NEVER** leave your children in the car unattended.
9. **ALWAYS** use a proper car seat for your child's height and weight. If in need, call Jennifer.

# Dickinson Area Car Seat Check Up Event



**BY APPOINTMENT ONLY!**

Call Head Start @  
701-227-3010

Please Bring Along with you:

- Car seat Instructions
- Vehicle owners manual
- Child using the car seat if possible

## 2022 Check Up Dates & Locations

|                  |  |       |
|------------------|--|-------|
| February 3, 2022 | Sax Motor Company (52 21st St E)         | 1-5pm |
| April 7, 2022    | Sax Motor Company (52 21st St E)         | 1-5pm |
| June 2, 2022     | West River Ice Center (1865 Empire Road) | 3-6pm |
| August 11, 2022  | West River Ice Center (1865 Empire Road) | 3-6pm |
| October 6, 2022  | Sax Motor Company (52 21st St E)         | 1-5pm |
| December 8, 2022 | Sax Motor Company (52 21st St E)         | 1-5pm |

Education & hands on assistance will be provided with:

- Installing the car seat correctly in your vehicle
- Securing the child safely in the car

Your seat will be checked to be sure:

- It is in good condition, meets federal standards & is not recalled
- It is appropriate for your child's age weight and height.

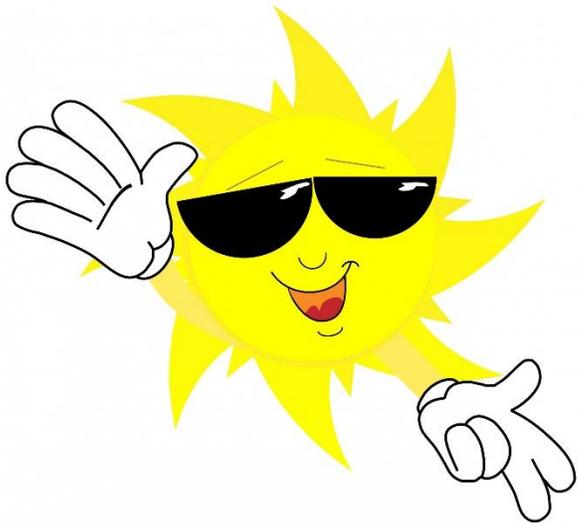
Sponsored by:

Head Start \* Dickinson Police Department \* North Dakota Highway Patrol \* Sax Motor Company \* Dickinson Parks and Recreation \* Stark County Sheriff's Office



## DID YOU KNOW?

The Crooked Crane Trail is located at Patterson Recreational Area. It is a 1.8 mile double-loop trail. The 10 foot wide concrete path includes play and exercise equipment for all ages.



# SUN SAFETY

Soon we will be welcoming warm, sunny days. Spending time playing outdoors can be good for our children. However, it is important they continue to be safe while outdoors.

The first, and best, line of defense against the sun's harmful rays is covering up. Try to stay in the shade whenever possible, and limit sun exposure during peak intensity hours – typically between 10 a.m. and 4 p.m. Be sure to also choose cool clothing, wide brimmed hats that can help shade their cheeks, chin, ears and back of their neck. It is also a good idea to look for sunglasses with UV protection to help protect your child's eyes.

For their skin that is not covered by clothing, it is best to use a sunscreen with an SPF of 15 or greater. Be sure to avoid the area around their eyes. It is recommended to reapply sunscreen every 2 hours, or after swimming or sweating. Did you know that it is possible to get a sunburn on cloudy days? So be sure to apply sunscreen even on those days if you will be spending time outdoors.

Infants under 6 months of age should be kept out of direct and indirect sunlight, due to risk of heat stroke. Sunscreen may also be applied to babies younger than 6 months to small areas of skin that are not protected by clothing. Be sure to apply it 15 to 30 minutes before going outside, and should be applied every one and a half to two hours, particularly if a baby goes in water.

<https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Sun-Safety-and-Protection-Tips.aspx>

<https://www.healthychildren.org/English/ages-stages/baby/bathing-skin-care/Pages/Baby-Sunburn-Prevention.aspx>

## The Big Little Moments:

### #1: Sharing a Story

Sharing stories is really important for helping young brains grow and learn.

#### Which stories will you share?

Stories aren't just for bedtime, and they don't have to come from books. They can be a story from your life or one you've made up.



### #2: Using Loving Words

When you use kind and loving words in response to what a child is doing, you're helping them learn and grow.

#### How will you use loving words?

Loving language lets children feel safe and loved. Use kind words during every day; when having a bath, eating dinner, or playing together.



### #3 Making Everyday Moments Fun

When your baby tries to play, like when you're getting them dressed, be playful back. This helps them learn and grow.

#### Are there any moments you and your child make fun?

Have fun with choices at dinner time. "What are you going to eat next?"



### #4 Talking To The Bump

Babies' brains are developing even before they are born. When you touch, sing or talk to the bump, you're helping them to learn and grow.

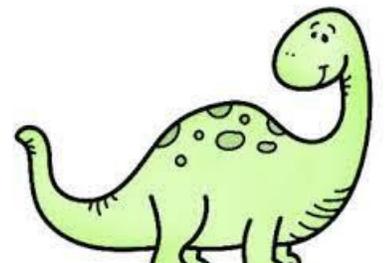
#### When do you talk to the bump?

Your baby can recognize your voice even before they're born. Talk to the bump throughout the day.



## Focus on your child's interests

When learning engages children in areas and subjects of interest, learning becomes fun and children engage in learning. If you really want to help your children to become good learners, encourage them to explore topics and subjects that fascinate them. If they like dinosaurs, help them find engaging and interesting books and stories about dinosaurs. Then challenge them to identify their five favorite dinosaurs and explain why they chose each one



# Dickinson Area Public Library Children's Storytimes

\*Storytimes are every week unless otherwise stated!  
No storytimes during the months of January, May, and August.



## Tiny Tots

**Ages 0 to 2**

**Mondays**

**9:30am-10:00am**

Join us every week for  
storytelling, finger plays,  
music and dancing,  
and activities for  
babies and toddlers!

Storytime is held in the  
Community Room.

Parents/Guardians are required  
to sit with their child/children  
in the Community Room  
during storytime.

## Pre-School

**Ages 3 to 5**

**Tuesdays & Wednesdays**

**10:30am-11:00am**

The same books, songs, and  
crafts will be done on Tuesday  
and Wednesday each week.

Join us every week for  
storytelling, arts & crafts,  
felt board stories,  
music, and activities  
for fun and learning!

Storytime is held in the  
Community Room.

Parents/Guardians are not required  
to sit with their child/children, but  
must remain in the Community  
Room during storytime.

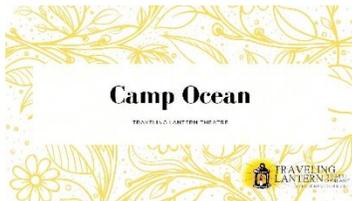
\*Storytimes are geared towards specific age groups, but  
younger and older siblings are welcome to attend!

## What's Happening in Our Area?

**Cops & Bobbers 2022**  
**June 4, 2022; 8am-12pm**  
**Location: Dickinson Dike**



Come join the Dickinson Police Department for their annual COPS AND BOBBERS during FREE FISHING WEEKEND!!! The DPD will be at the Dickinson Dike starting at 8am. Bring your fishing poles and tackle. DPD will also have some poles and tackle on hand to loan out during the event. There will be DPD officers and staff there to help out with the fishing!



**Camp Ocean Summer Show**  
**June 8, 2022; 10am**  
**Location: Phil Patterson Memorial Bandshell**

Welcome to Camp Ocean, little guppies! Mr. Sharky your snaggle-toothed camp counselor, has planned a fish-fact-filled voyage to the bottom of the sea. Learn the ropes: how to puff like a pufferfish, flop like a flounder, and fence with a swordfish. You'll search for buried treasure and dive into the mysteries of the ocean, and you might even earn a badge or two. All hands on deck as we get underway for a summer of fun!  
All ages welcome, FREE event!

**Dickinson Juneteenth Celebration Event**  
**June 18, 2022; 10am**  
**Location: DSU King Pavilion, Dickinson State University**

Gathering of community, friends, and family in celebration. Live musical entertainment, game and other activities.

